

Leadership & Service

It is time for a new generation of leadership to cope with new problems and new opportunities. For there is a new world to be won.

John F. Kennedy

YHSC Program Goals

- Increase your ability to make a difference and to help others
- Connect what you learn to “real life” experience
- Develop your leadership skills
- Help you explore a future in health care

Module Objectives

- Describe the role of YHSC student leader in Service Learning projects
- Define Service Learning and Reflection
- Understand the mission of YHSC



How does service learning work?

Service Learning Project Example

YFHS

How will YHSC help you develop leadership skills?



- You have a real voice in projects
- You have power to make a difference in your community
- You will be better prepared for your future in college or work

What is Service Learning?

Service-Learning connects learning with meaningful service in the community. Service Learning is not just volunteering. You gain understanding of yourself and others and other cultures.



What is Reflection?



Reflection helps you gain meaning and understanding from an experience.

Ask yourself:

- What?
- So What?
- Now What?



Independent Service Opportunity

- This school year you can choose to volunteer at a location or event offered by your YHSC coordinator
- You may also select your own personal projects within the community



Required Volunteer Hours

30 hours of service learning or volunteering

Rewards for Completing Service Learning Hours

- Scholar-Entering 11th grade with 20 HCA hours
- Achiever-Must have 110 hours of Activity (HCA, Summer institute, internship, volunteer work, service learning project)

REWARDS:

- Letter of recommendation for college
- Invitation to special events
- Leadership opportunities

Service Learning Projects

- Oral Health
- Childhood Obesity Prevention: Nutrition & Physical Activity
- Health & Social Issues of the Aging Population



Preparing to Volunteer

- Before volunteering you must attend Volunteer Training
- Submit all health forms
- Have parent permission signed
- Have a valid email address and password for YHSC website-
www.yhsc.org
- Review rules & dress code



Help make your world a healthier place through SL

“At this moment of great challenge & great change, I am asking you to play your part; to roll up your sleeves & join in the work of remaking this nation

President Barack Obama



“by learning you will teach...by teaching you will learn...”

Latin proverb

Rules for YHSC Training

- Respect for each other at all times!
- Personal information stays within the group
- No rude or foul language
- Cell phones must be off during meetings or volunteering
- Appropriate dress code
- Please add to the list!



Summary

- YHSC volunteer connect real experience to health care.
- Service-Learning connects learning with meaningful service in the community
- Reflection helps you find deeper meaning from experience.
- Service helps develop leadership skills.