

Is a Health Career for Me?

A Self-Assessment

We all think generally, about what we want to be “when we grow up.” This survey can help you focus on the characteristics of employment as you visualize your future in the health care workforce. The responses are personal to you and there are no right or wrong answers. This survey is a great step towards making decisions for a satisfying future in a career that meets your needs and desires.

Check the response that best fits your vision of yourself in the world of work.

As I think about my future, I envision myself:

- ☐ Working mostly with data (information, numbers, reports, statistics)
- ☐ Working mostly with people (conversing, teaching, caring for)
- ☐ Working mostly with objects or animals (equipment, machines, materials, pets)

As I think about my future, I envision myself:

- ☐ Working in an office
- ☐ Working in my home
- ☐ Working in a store
- ☐ Working in a laboratory
- ☐ Working in a hospital
- ☐ Working in an education setting
- ☐ Other (fill in your own vision)

As I think about my future, I envision myself:

- ☐ Working fulltime (40 hours per week)
- ☐ Working part-time (less than 35 hours per week)
- ☐ Working structured hours (usually the same 7 or 8 hour schedule daily)
- ☐ Working flexible hours (different time pat terns of my choice)
- ☐ Working structured, but varying hours (daily or weekly time patterns vary based on employer)

As I think about my future, I envision myself:

- ☐ Working for a salary (being paid a set amount by the hour or month)
- ☐ Working on a freelance or commission basis (paid based on productivity, regardless of time involved)

As I think about my future, I envision myself:

- ☐ Having the same career or the same type of job throughout my work life
- ☐ Having a series of related jobs with increasing responsibilities throughout my work life
- ☐ Having a series of unrelated jobs throughout my work life

As I think about my future, I envision myself:

- ☐ Working with and influencing people
- ☐ Working alone without the responsibility of supervising others

As I think about my future, I envision myself:

- ☐ Balancing demands of work and family
- ☐ Committing myself to work without the flexibility needed for family life

As I think about my future, I envision myself:

- ☐ Having security; earning an above average salary; donating to charities
- ☐ Providing leadership; providing a service to others; obtaining a status
- ☐ Exhibiting independence; experiencing variety; traveling
- ☐ Other personally desired characteristics