

## HANDWASHING QUIZ

1. How many bacteria and viruses are there on a human hand at any given time?
  - a) 5,000
  - b) 50,000
  - c) 500
  - d) 50
2. The majority of cold viruses are spread through:
  - a) sneezing and coughing
  - b) kissing
  - c) sharing utensils
  - d) hand-to-hand contact
3. A working adult touches how many objects in one minute?
  - a) one object
  - b) seven objects
  - c) 30 objects
  - d) 15 objects
4. The most contaminated sites in offices are:
  - a) desk tops
  - b) telephone
  - c) computer mouse and keyboard
  - d) all of the above
5. A small child will bring his hands to his nose or mouth once every:
  - a) hour
  - b) 20 seconds
  - c) 3 minutes
  - d) 15 minutes
6. The area of the home with the most bacteria and viruses is:
  - a) the bathroom
  - b) a child's bedroom
  - c) the kitchen
  - d) all of the above
7. The area in the home bathroom with the most bacteria and viruses is:
  - a) the sink
  - b) the bathtub
  - c) the shower
  - d) the door handle
8. A person who handles raw chicken and doesn't wash his hands afterward could transfer this to another person:
  - a) chicken juice
  - b) chickonella
  - c) salmonella
  - d) all of the above
9. What is the single most effective way to prevent the transmission of disease?
  - a) antibiotics
  - b) handwashing
  - c) hand sanitizer
  - d) all of the above

ADAPTED FROM

*Disease Transmission and Control in the Home Setting.*