

# Introduction to Structural Equations

Statistics for Psychosocial Research II

Structural Models

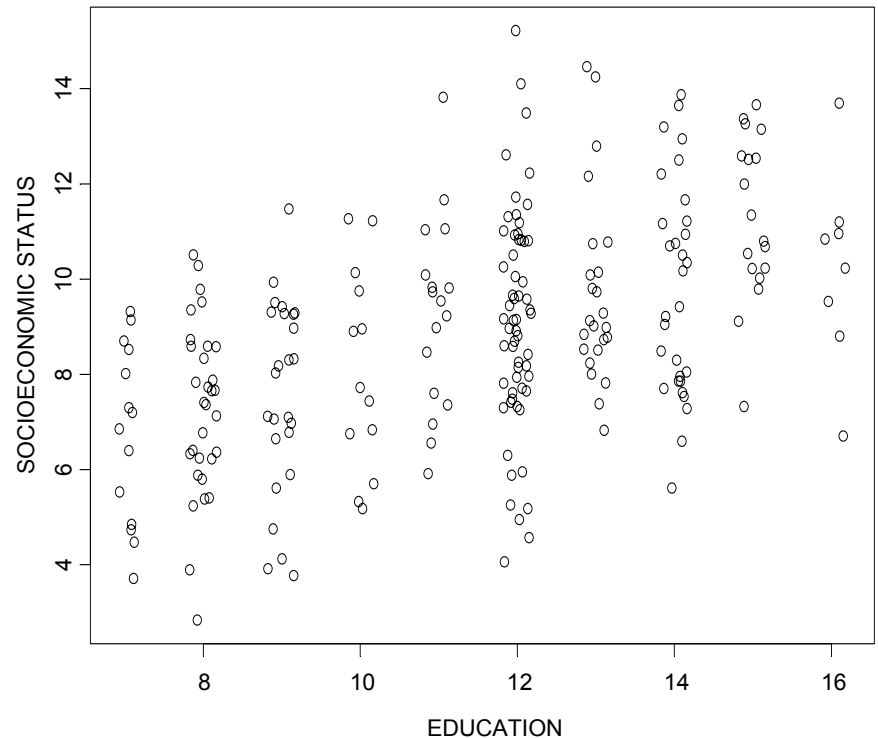
October 30, 2006

# Course Overview

- (1) Structural Regression/Path Analysis
  - (a) “effect mediation” versus “controlling for”
  - (b) causality
- (2) Regression plus measurement structures from last term
  - (a) if we ignore measurement, “item regression”
  - (b) factor analysis: structural equations with latent variables
  - (c) latent class analysis: latent class regression

# General Idea

- How does outcome vary with predictors?
- Make inference on hypothesis about how predictors affect outcome
- Predict individual outcomes



# Challenge

- How do we measure latent outcomes (and predictors)?
- There are multiple responses
- Approach 1:
  - $Y_1, \dots, Y_n$  measure the same thing. Treat individually or summarize Y's.
- Approach 2:
  - Call ideal outcome  $\eta$
  - If we knew  $\eta$ , then  $\eta_i = \beta_0 + \beta_1 X_{1i} + \beta_2 X_{2i} + \dots$
  - But we don't know it:
    - infer  $\eta$  from factor analysis or latent class analysis
    - regress  $\eta$  on X's

# Three approaches to assessing association between covariates and multiple responses

- (1) Summarize then analyze (STA)
- (2) Analyze then summarize (ATS)
- (3) Summarize AND analyze: (SAA)
  - Structural Equations
  - 2 parts
    - measurement component
    - structural/regression component

# Example: Depression Study

## Summarize then Analyze (STA)

- Clinical trial of two anti-depressants
- Which anti-depressant is more effective for treating depression?
- Depression symptoms were based on the Hamilton Depression Rating Scale (HAM-D).

### 17 Symptoms

- Depressed mood
- Guilt feelings
- suicide
- Insomnia (x3)
- Work and activities
- Psychomotor retardation
- agitation
- anxiety
- Somatic symptoms
- .....

For each item, write the correct number on the line next to the item. (Only one response per item)

\_\_\_\_\_ 1. DEPRESSED MOOD (Sadness, hopeless, helpless, worthless)

0= Absent

1= These feeling states indicated only on questioning

2= These feeling states spontaneously reported

3= Communicates feeling states non-verbally—i.e., through facial expression, posture, voice, and tendency to weep

4= Patient reports VIRTUALLY ONLY these feeling states in his spontaneous verbal and non-verbal communication

\_\_\_\_\_ 2. FEELINGS OF GUILT

0= Absent

1= Self reproach, feels he has let people down

2= Ideas of guilt or rumination over past errors or sinful deeds

3= Present illness is a punishment. Delusions of guilt

4= Hears accusatory or denunciatory voices and/or experiences threatening visual hallucinations

\_\_\_\_\_ 3. SUICIDE

0= Absent

1= Feels life is not worth living

2= Wishes he were dead or any thoughts of possible death to self

3= Suicidal ideas or gesture

4= Attempts at suicide (any serious attempt rates 4)

\_\_\_\_\_ 4. INSOMNIA EARLY

0= No difficulty falling asleep

1= Complains of occasional difficulty falling asleep—i.e., more than ½ hour

2= Complains of nightly difficulty falling asleep

\_\_\_\_\_ 5. INSOMNIA MIDDLE

0= No difficulty

1= patient complains of being restless and disturbed during the night

2= Waking during the night—any getting out of bed rates 2 (except for purposes of voiding)

\_\_\_\_\_ 6. INSOMNIA LATE

0= No difficulty

1= Waking in early hours of the morning but goes back to sleep

2= Unable to fall asleep again if he gets out of bed

# Example:

## Summarize then Analyze (STA)

- Summarize:
  - Add up the number of symptoms, or “score” the HAM-D.
  - Treat the score as “fixed” or “observed” outcome.
  - But, we know better! It is not measured perfectly.
  - What is the reliability of the HAM-D???
- Analyze: See how the outcome relates to predictor (i.e., treatment)



# Summarize Then Analyze

1. Sum up HAM-D score pre and post and take difference:

Pre-treatment score:  $Y_{i1} = Y_{i1,1} + Y_{i1,2} + \dots + Y_{i1,21}$

Post-treatment score:  $Y_{i2} = Y_{i2,1} + Y_{i2,2} + \dots + Y_{i2,21}$

Difference:  $D_i = Y_{i2} - Y_{i1}$

2. Evaluate association with  $Y_i$  and treatment

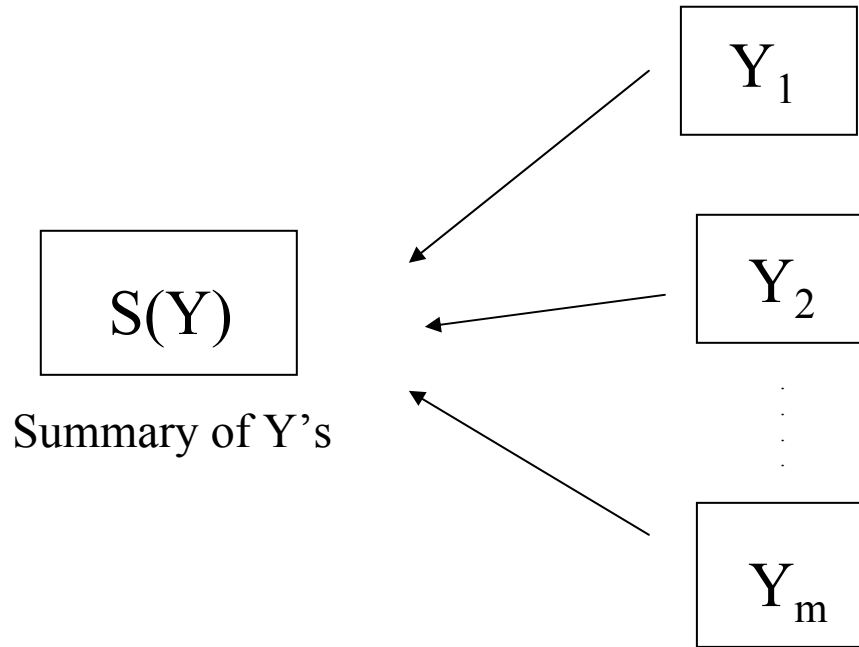
$$D_i = \beta_0 + \beta_1 trt_i$$

where  $trt_i = 1$  if treatment A, and 0 if treatment B

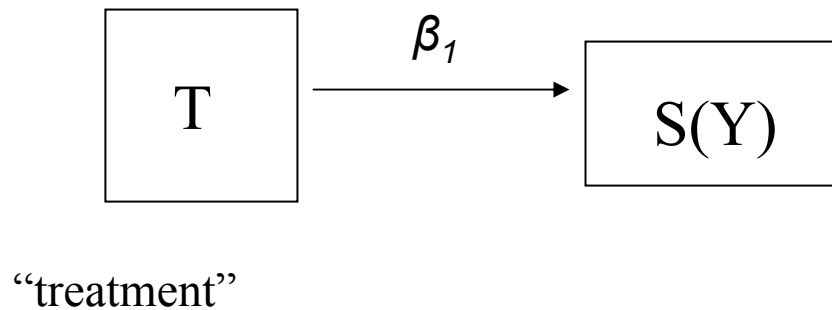
3. Make inference about treatment effect based on  $\beta_1$

# STA: Two models estimated separately

Model 1:



Model 2:



# STA: so what is the problem???

- We are ignoring that  $S(Y)$  is measured with error.
- Note that that  $S(Y)$  has reliability less than 1.
- In our example:  $S(Y)$  represents an “imperfect measure” of depression with reliability of about 0.88 (depending on population).
- Aren't we then overestimating the variation in our outcome by using  $S(Y)$ ?
- Recall:  $\text{Var}(T_x) < \text{Var}(X)$
- What effect might that have on the standard error of  $\beta_1$ ?

# Another Approach: Analyze Then Summarize (ATS)

1. Analyze: for each of the 21 items in the HAM-D, see if treatment is associated with improvement.

1. Define outcome per item:

$$D_{i,1} = Y_{i2,1} - Y_{i1,1}$$

$\vdots$

$$D_{i,21} = Y_{i2,21} - Y_{i1,21}$$

2. Estimate association per item  
with treatment:

$$D_{i,1} = \beta_{0,1} + \beta_{1,1}trt_i$$

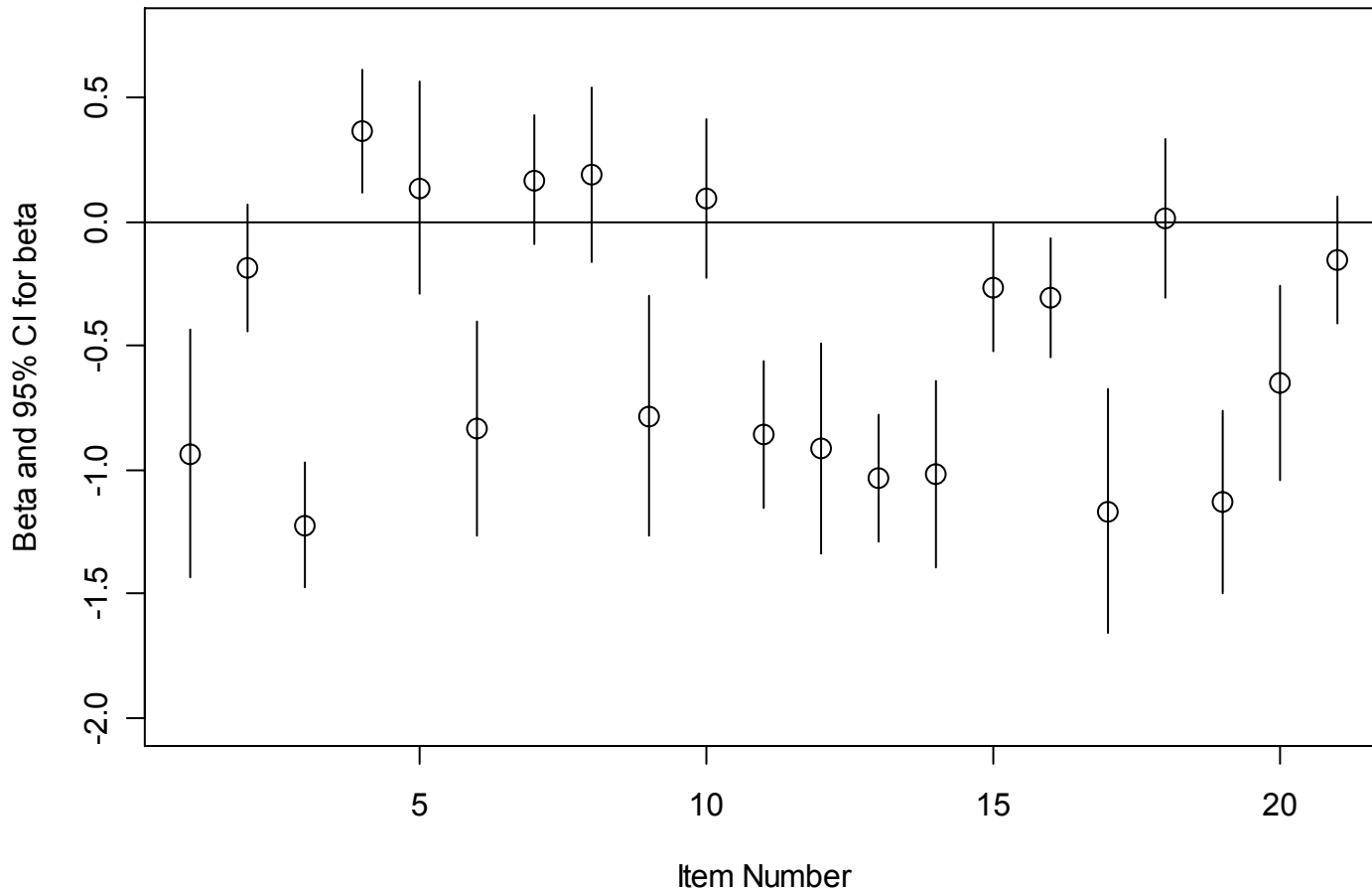
$$D_{i,2} = \beta_{0,2} + \beta_{1,2}trt_i$$

$\vdots$

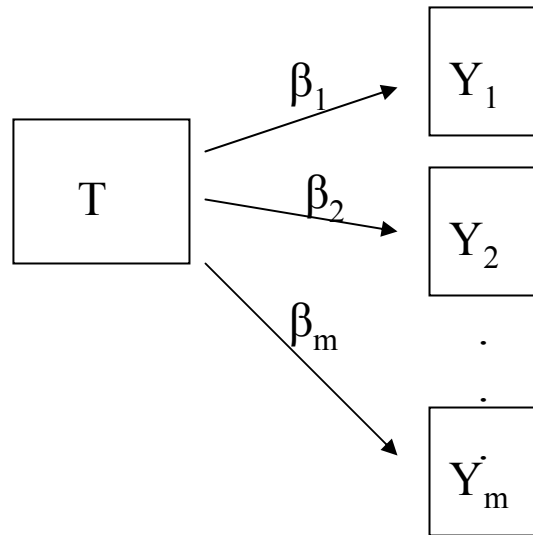
$$D_{i,21} = \beta_{0,21} + \beta_{1,21}trt_i$$

# Another Approach: Analyze Then Summarize (ATS)

2. Summarize: Qualitatively or quantitatively evaluate the associations



# Analyze then Summarize



Fit  $m$  regressions to individually describe association between  $T$  and each  $Y$ .

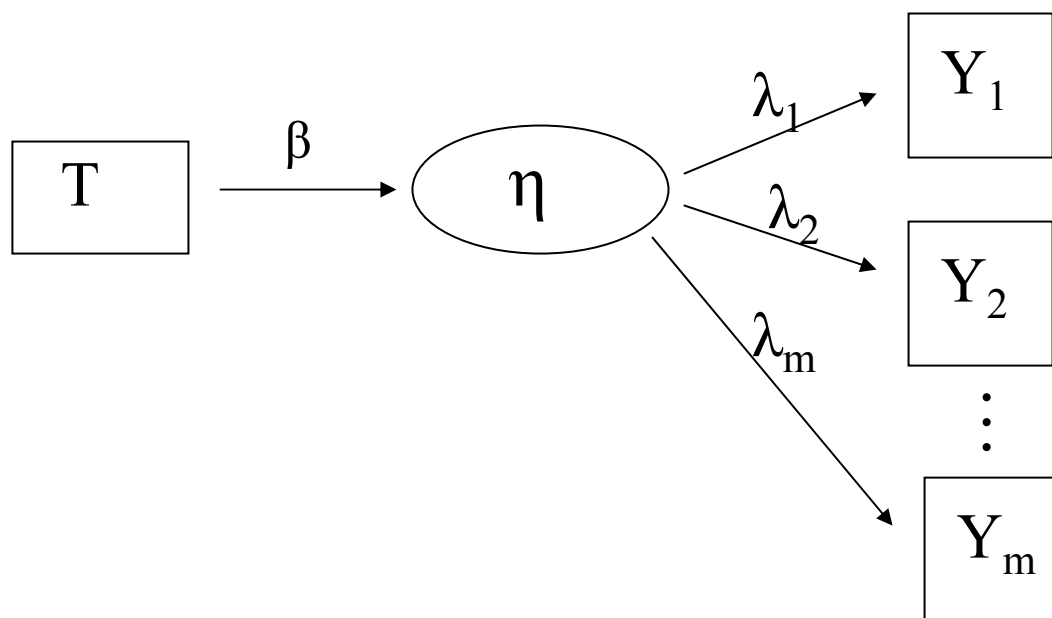
Then summarize associations.

# So what is wrong with ATS?

- How do we answer the question: “Which treatment works better?”
- We get individual answers.
- Often hard to summarize after the analysis has been done.
- (More about this in ‘Item Regression lecture’)

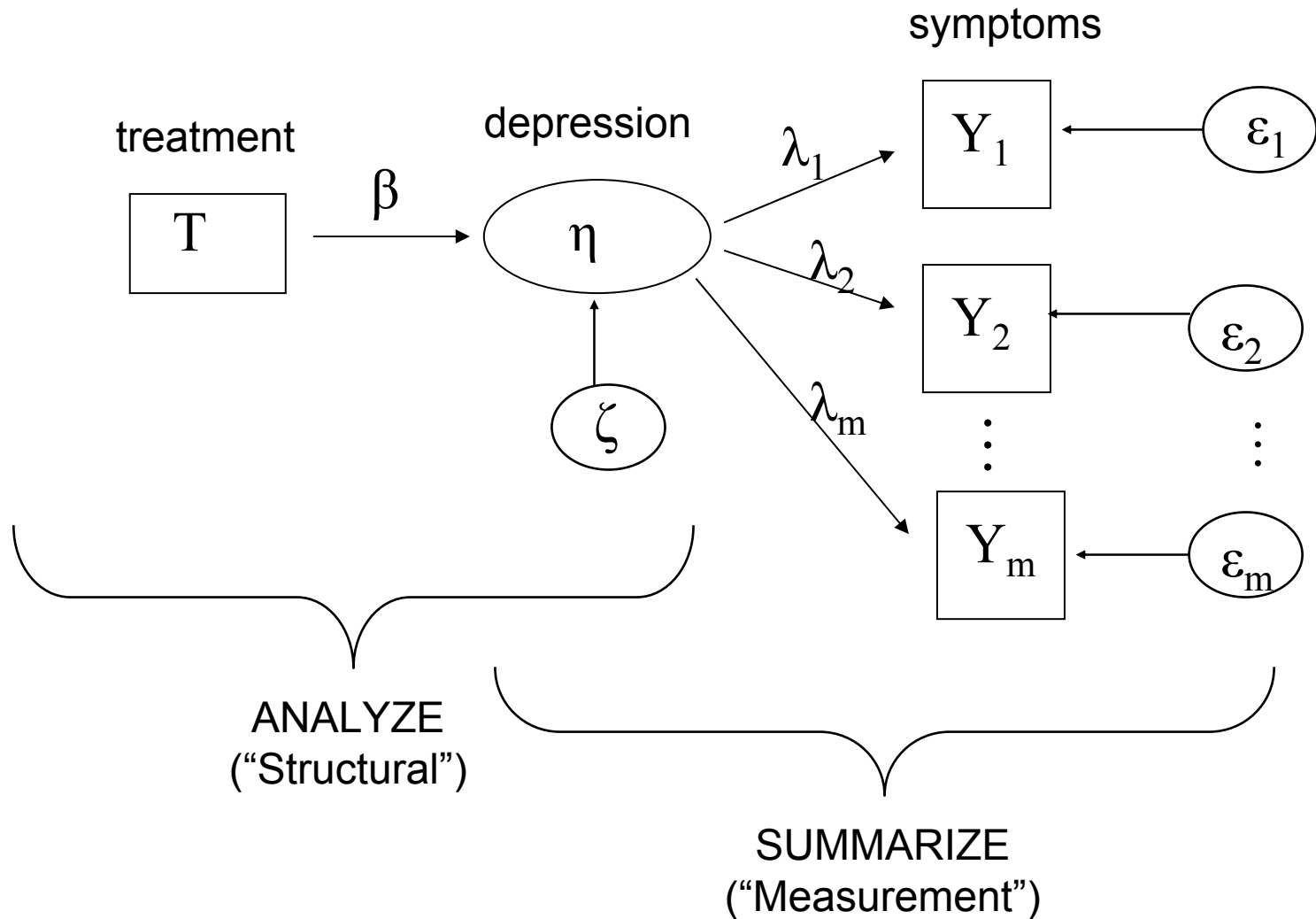
# Summarize and Analyze Simultaneously (SAA)

- Fit 'summarize' and 'analyze' components at the same time.
- One big model
- Accounts for measurement error of latent variable

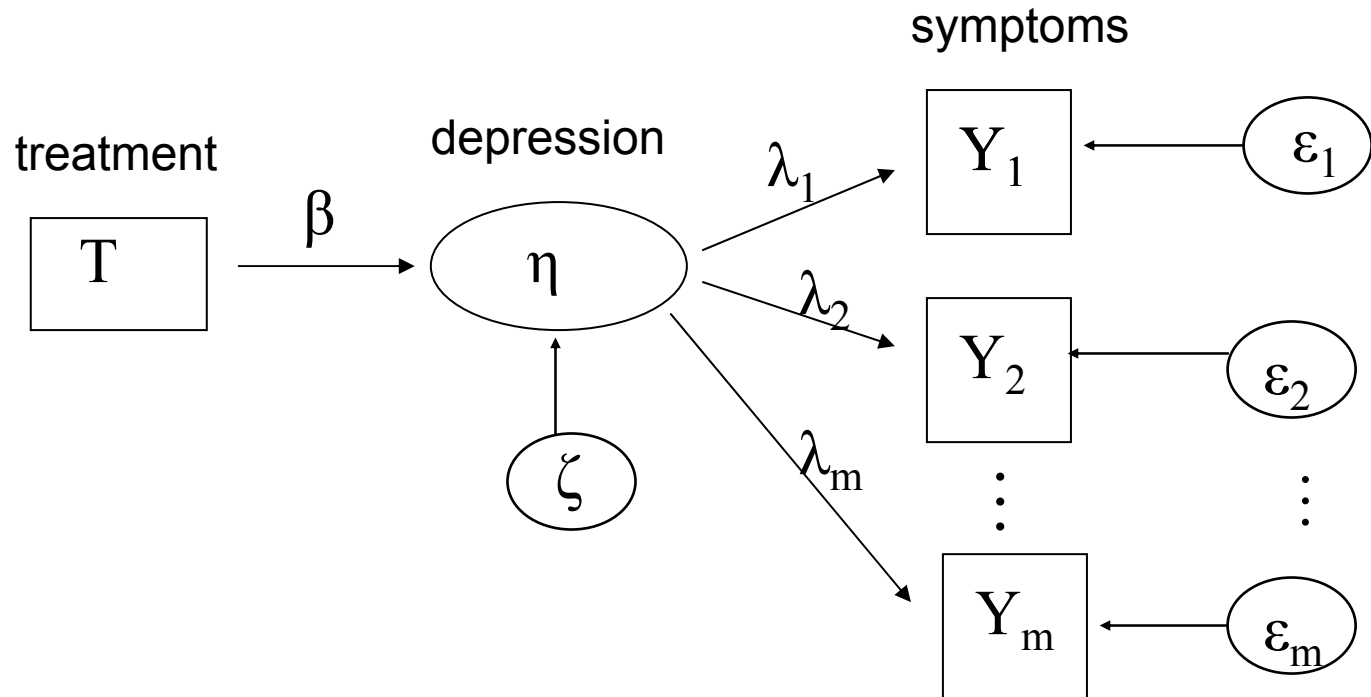




# Summarize and Analyze Simultaneously



# Summarize and Analyze Simultaneously



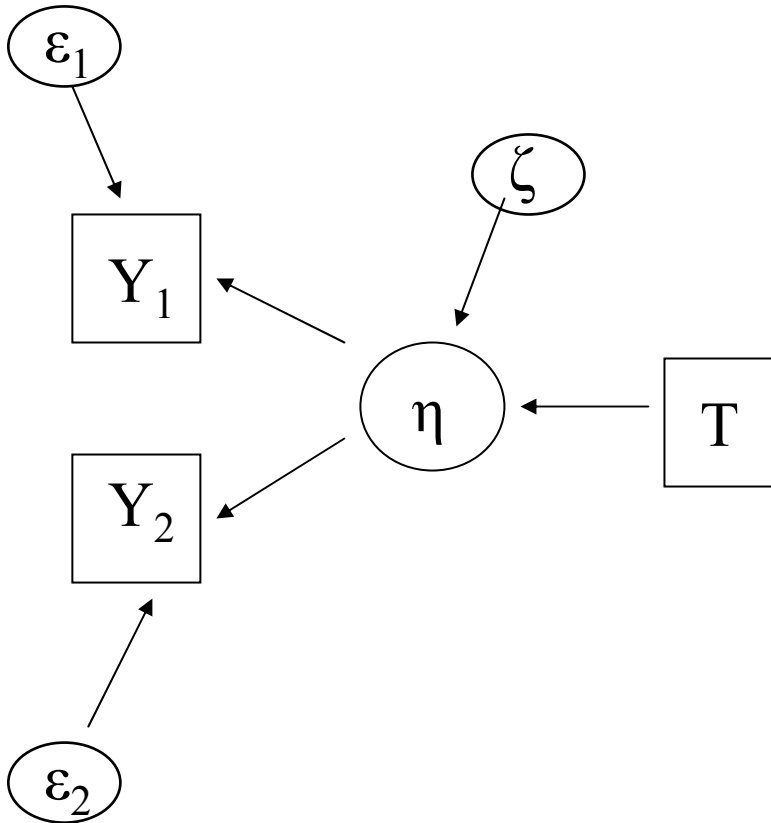
Example:

$$\begin{aligned}\eta &= \beta X + \zeta \\ Y_1 &= \lambda_1 \eta + \varepsilon_1 \\ Y_2 &= \lambda_2 \eta + \varepsilon_2 \\ &\vdots \\ Y_m &= \lambda_m \eta + \varepsilon_m\end{aligned}$$

# Caveat

- When is analyze then summarize better?
- What if some treatment affects some of the symptoms but not all of them?
- What does that imply about the measurement?

# Path Notation



- **Relationships**

- straight arrow (causal)
- curved arrow (unspecified)

- **Variables**

- circles vs. squares
- exogenous (independent)
- endogenous (dependent)

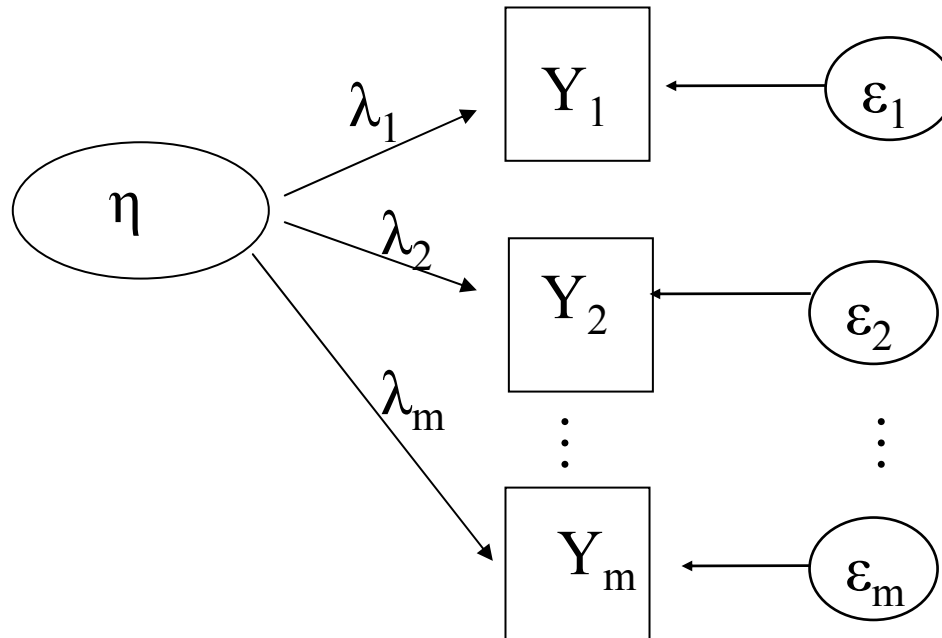
- **Errors**

- one for every endogenous variable
- unexplained component of predicted variables

# Components of Structural Equation Model

## (A) Measurement Piece

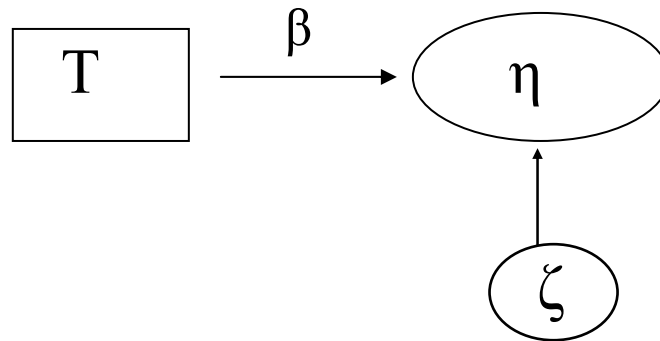
- how latent variable related to “surrogates”
- comprised of  $\eta$ 's and  $Y$ 's



# Components of Structural Equation Model

## (B) Structural Piece

- how latent variable is related to its predictors
- regression
- comprised of  $\eta$ 's and  $T$

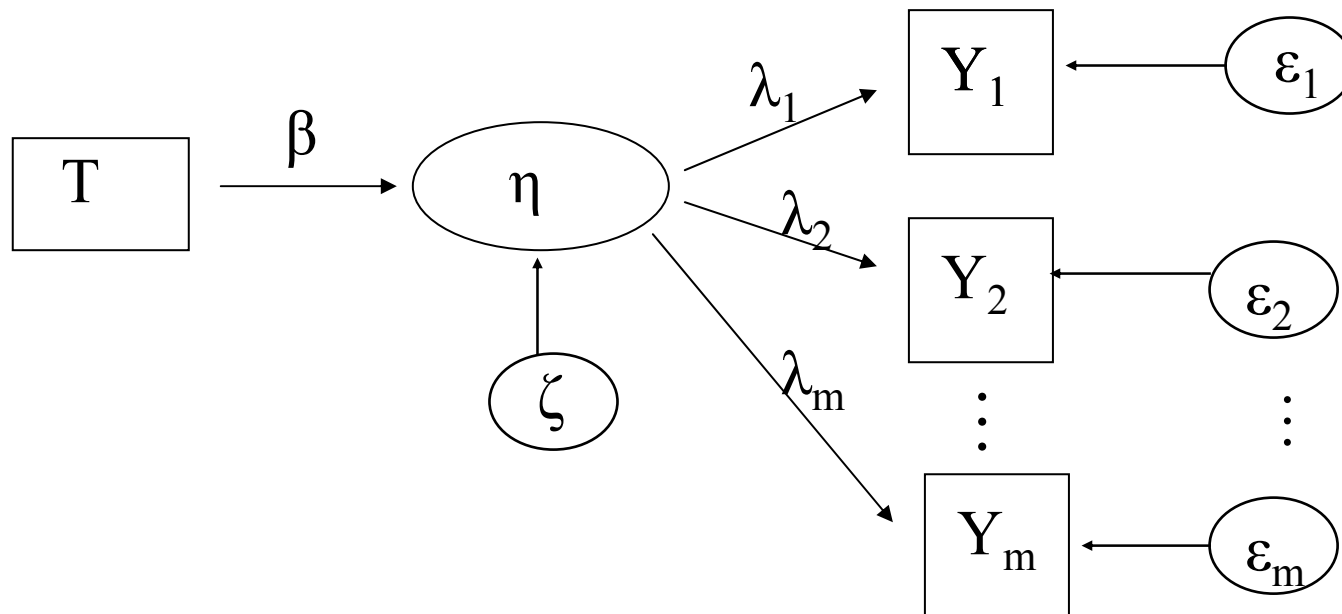


# Components of Structural Equation Model

(C) Both components are fit in ONE step

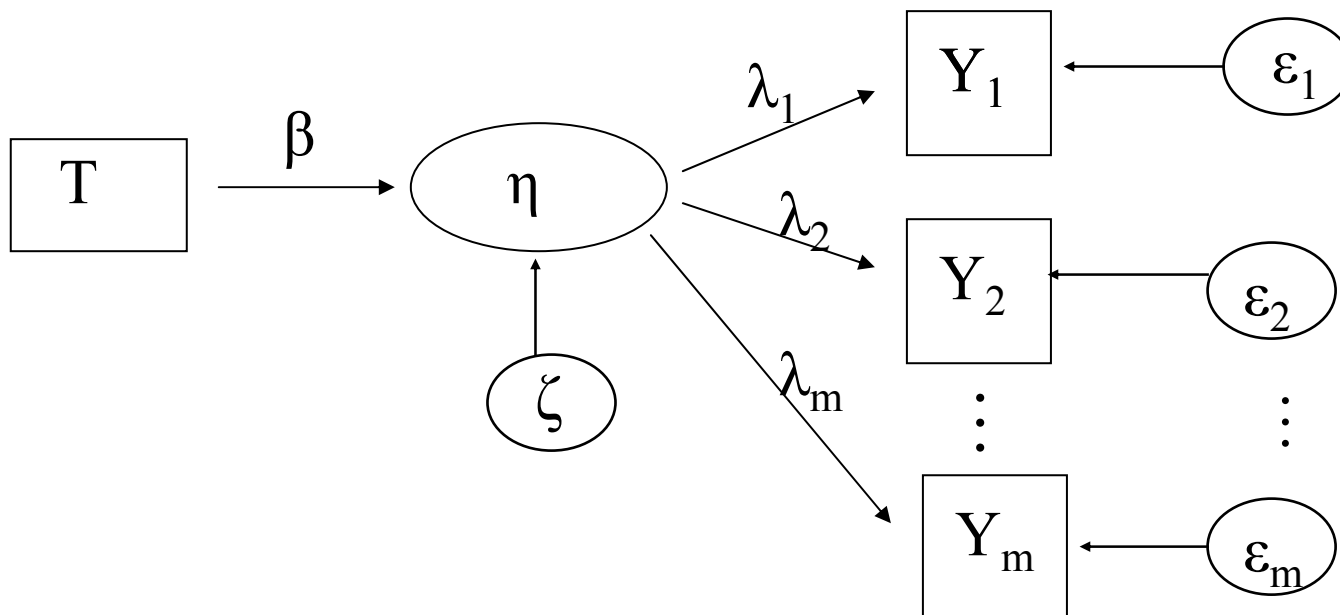
Why better? Does not assume  $\eta$  (i.e., “summary” of Y’s) known, which acknowledges measurement error.

Why bad? If model is misspecified, then inference is misleading.



# Statistical way of considering relationship between T and Y

$$\begin{aligned} P(Y = y | T) &= \sum_{r=1}^R P(Y = y, \eta = r | T) \\ &= \sum_{r=1}^R P(Y = y | \eta = r, T) P(\eta = r) \end{aligned}$$





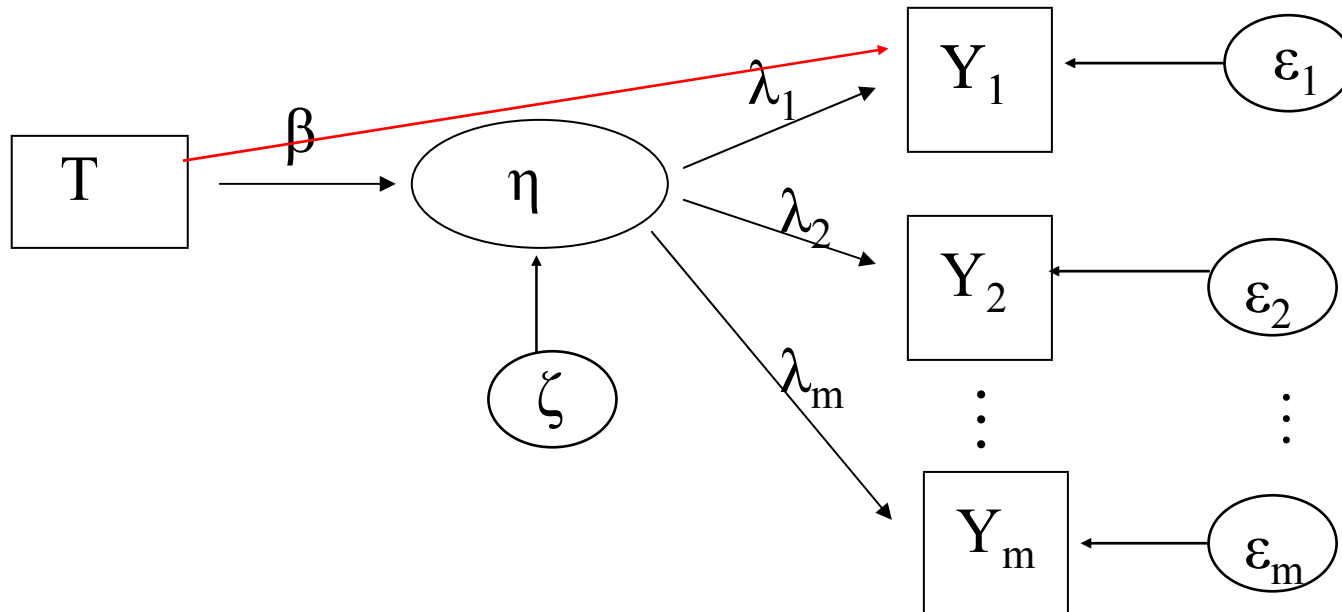
# Assumption 1: Non-Differential Measurement

Equivalent interpretations:

- covariates do not predict observed responses after controlling for latent status
- no arrows between T and Y's
- Y and T independent given  $\eta$

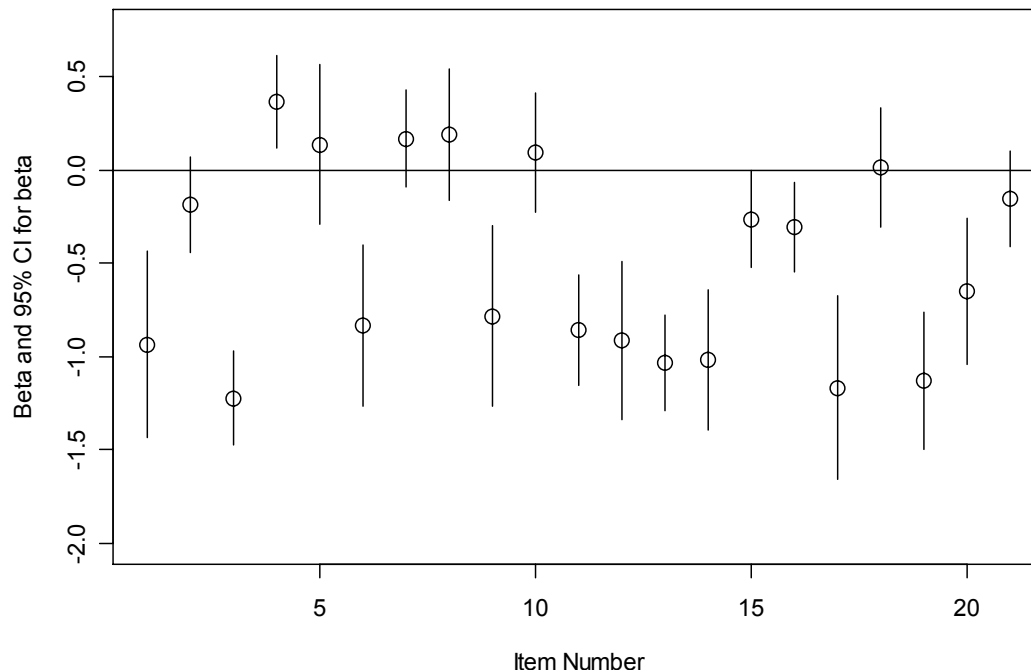
$$P(Y = y \mid \eta, T) = P(Y = y \mid \eta)$$

**NOT** OK UNDER NON-DIFFERENTIAL  
MEASUREMENT:



# HAM-D Depression Example

- Does treatment affect the “depression” or symptoms?
- Implications for “differential measurement”?



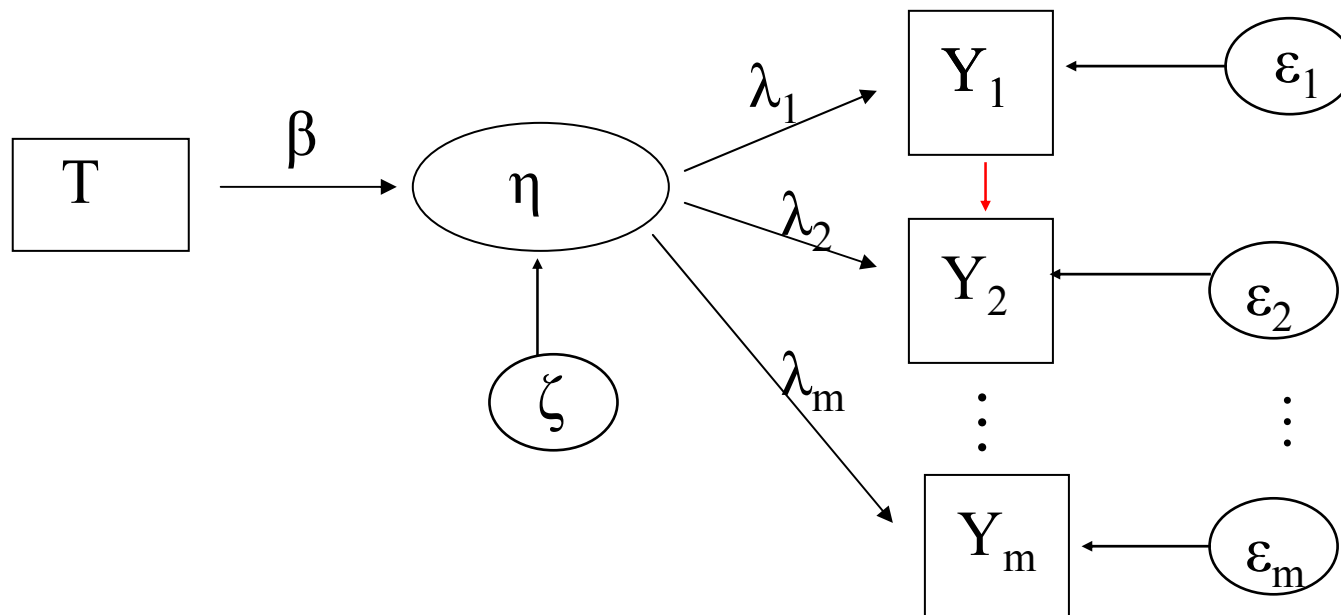
## Assumption 2: Local/Conditional Independence

### Equivalent Interpretations

- latent variable explains all association between observed variables
- no arrows among measurement errors
- observed variables are independent given  $\eta$

$$P(Y_1 = y_1, Y_2 = y_2 \mid \eta) = P(Y_1 = y_1 \mid \eta)P(Y_2 = y_2 \mid \eta)$$

**NOT** OK UNDER CONDITONAL INDEPENDENCE:



**NOT** OK UNDER CONDITIONAL INDEPENDENCE:

