

# BMTRY 701

## Biostatistical Methods II

Elizabeth Garrett-Mayer, PhD

Associate Professor

Director of Biostatistics, Hollings Cancer Center

[garrettm@musc.edu](mailto:garrettm@musc.edu)

# Biostatistical Methods II

- **Description:** This is a one-semester course intended for graduate students pursuing degrees in biostatistics and related fields such as epidemiology and bioinformatics. Topics covered will include linear, logistic, poisson, and Cox regression. Advanced topics will be included, such as ridge regression or hierarchical linear regression if time permits. Estimation, interpretation, and diagnostic approaches will be discussed. Software instruction will be provided in class in R and Stata. **Students will be evaluated via homeworks (55%), two in-class exams (35%) and class participation (10%).** This is a four credit course.
- **Textbook:** Applied Linear Statistical Models. Kutner, Nachtsheim, Neter and Li. McGraw-Hill, Fifth Edition
- **Prerequisites:** Biometry 700
- **Course Objectives:** Upon successful completion of the course, the student will be able to
  - Apply, interpret and diagnose linear regression models
  - Apply, interpret and diagnose logistic, poisson and Cox regression models

# Biostatistical Methods II

**Instructor:** Elizabeth Garrett-Mayer

**Website:** <http://people.musc.edu/~elg26/teaching/methods2.2009/methods2.2009.htm>

**Contact Info:** Hollings Cancer Center, Rm 118G

[garrettm@musc.edu](mailto:garrettm@musc.edu)

(preferred mode of contact is email)

792-7764

**Time:** Mondays and Wednesdays, 1:30-3:30

**Location:** Cannon Place, Room 305V

# Biostatistical Methods II

- Lecture schedule is on the website
- First time teaching this class
  - syllabus is a 'work in progress'
  - timing of topics subject to change
  - lectures may appear on website last-minute
- Computing
  - R
  - Stata
  - integrated into lecture time
- Homeworks, articles, datasets will also be posted to website
  - some/most problems will be from textbook
  - some datasets will be from textbook CD
- If you want printed versions of lectures:
  - download and print prior to lecture; OR
  - work interactively on your laptop during class
- We will take a break about halfway through each lecture

# Expectations (from R. Carter)

## ■ Academic

- Participate in class discussions
- Invest resources in YOUR education
- Complete homework assignments on time
- The results of the homework should be communicated so that a person knowledgeable in the methodology could reproduce your results.
- Create your own study groups
  - Challenge one another
  - everyone needs to contribute
  - you may do homeworks together, but everyone must turn in his/her own homework.
  - written sections of homework should be 'independently' developed

## ■ General

- Be on time to class
- Be discrete with interruptions (pages, phones, etc.)
- Do NOT turn in raw computer output

# Other Expectations

- Methods I!
- You should be **very** familiar with
  - confidence intervals
  - hypothesis testing
    - t-tests
    - Z-tests
  - graphical displays of data
  - exploratory data analysis
    - estimating means, medians, quantiles of data
    - estimating variances, standard deviations

# About the instructor

- B.A. from Bowdoin College, 1994
  - Double Major in Mathematics and Economics
  - Minor in Classics
- Ph.D. in Biostatistics from Johns Hopkins, 2000
  - Dissertation research in latent class models, Adviser Scott Zeger
- Assistant Professor in Oncology and Biostatistics at JHU, 2000-2007
- Taught course in Statistics for Psychosocial Research for 8 years
- Applied Research Areas:
  - oncology
- Biostats Research Areas:
  - latent variable modeling
  - class discovery in microarray data
  - methodology for early phase oncology clinical trials
- Came to MUSC in Feb 2007

# Computing

- Who knows what?
- Who WANTS to know what?
- Who will bring a laptop to class?
- What software do you have and/or prefer?
- Should we get a lab classroom?



# Regression

- Purposes of Regression
  1. Describe association between Y and X's
  2. Make predictions:
    - Interpolation: making prediction within a range of X's
    - Extrapolation: making prediction outside a range of X's
  3. To “adjust” or “control for” confounding variables
- What is “Y”?
  - an outcome variable
  - ‘dependent’ variable
  - ‘response’
- Type of regression depends on type of Y
  - continuous (linear regression)
  - binary (logistic regression)
  - time-to-event (Cox regression)
  - rare event or rate (poisson regression)

# Some motivating examples

- Example 1: Suppose we are interested in studying the relationship between fasting blood glucose (FBG) levels and the number hours per day of aerobic exercise. Let  $Y$  denote the fasting blood glucose level
  - Let  $X$  denote the number of hours of exercise
  - One may be interested in studying the relationship of  $Y$  and  $X$
- **Simple linear regression** can be used to quantify this relationship

# Some motivating examples

- Example 2: Consider expanding example 1 to include other factors that could be related FBG.
- Let  $X_1$  denote hours of exercise
- Let  $X_2$  denote BMI
- Let  $X_3$  indicate if the person has diabetes
- . . . (other covariates possible)
- One may be interested in studying the relationship of all  $X$ 's on  $Y$  and identifying the “best” combination of factors
- Note: Some of the  $X$ 's may correlated (e.g., exercise and bmi)
- **Multiple** (or multivariable, not multivariate) **linear regression** can be used to quantify this relationship

# Some motivating examples

- Example 3: Myocardial infarction (MI, heart attack) is often a life-altering event
- Let  $Y$  denote the occurrence ( $Y = 1$ ) of an MI after treatment, let  $Y = 0$  denote no MI
- Let  $X_1$  denote the dosage of aspirin taken
- Let  $X_2$  denote the age of the person
- . . . (other covariates possible)
- One may be interested in studying the relationship of all  $X$ 's on  $Y$  and identifying the “best” combination of factors
- **Multiple LOGISTIC regression** can be used to quantify this relationship

# More motivating examples

- Example 4: This is an extension of Ex 3: Myocardial infarction. Let the interest be now on when the first
- MI occurs instead of “if” one occurs.
- Let  $Y$  denote the occurrence ( $Y = 1$ ) of an MI after treatment, let  $Y = 0$  denote no MI observed
- Let Time denote the length of time the individual is observed
- Let  $X_1$  denote the dosage of aspirin taken
- . . . (other covariates possible)
- **Survival Analysis** (which, in some cases, is a regression model) can be used to quantify this relationship of aspirin on MI

# More motivating examples

- Example 5: Number of cancer cases in a city
- Let  $Y$  denote the count (non-negative integer value) of cases of a cancer in a particular region of interest
- Let  $X_1$  denote the region size in terms of “at risk” individuals
- Let  $X_2$  denote the region
- . . . (other covariates possible)
- One may be interested in studying the relationship of the region on  $Y$  while adjusting for the population at risk sizes
- **POISSON regression** can be used to quantify this relationship

# Brief Outline

- Linear regression: half semester (through spring break)
- Logistic regression
- Poisson regression
- Cox regression (survival)
- Hierarchical regression or ridge regression?

# Linear Regression

- Outcome is a CONTINUOUS variable
- Assumes association between Y and X is a 'straight line'
- Assumes relationship is 'statistical' and not 'functional'
  - relationship is not perfect
  - there is 'error' or 'noise' or 'unexplained variation'
- Aside:
  - I LOVE graphical displays of data
  - This is why regression is especially fun
  - there are lots of neat ways to show your data
  - prepare yourself for a LOT of scatterplots this semester



# Graphical Displays

- Scatterplots: show associations between two variables (usually)
- Also need to understand each variable by itself
- Univariate data displays are important
- Before performing a regression, we should
  - identify any potential skewness
  - outliers
  - discreteness
  - multimodality
- Top choices for univariate displays
  - boxplot
  - histogram
  - density plot
  - dot plot

# Linear regression example

- The authors conducted a pilot study to assess the use of toenail arsenic concentrations as an indicator of ingestion of arsenic-containing water. Twenty-one participants were interviewed regarding use of their private (unregulated) wells for drinking and cooking, and each provided a sample of water and toenail clippings. Trace concentrations of arsenic were detected in 15 of the 21 well-water samples and in all toenail clipping samples.
- Karagas MR, Morris JS, Weiss JE, Spate V, Baskett C, Greenberg ER. Toenail Samples as an Indicator of Drinking Water Arsenic Exposure. Cancer Epidemiology, Biomarkers and Prevention 1996;5:849-852.

# Purposes of Regression

## 1. Describe association

- hypothesis: as arsenic in well water increases, level of arsenic in nails also increases.
- linear regression can tell us
  - how much increase in nail level we see **on average** for a 1 unit increase in well water level of arsenic

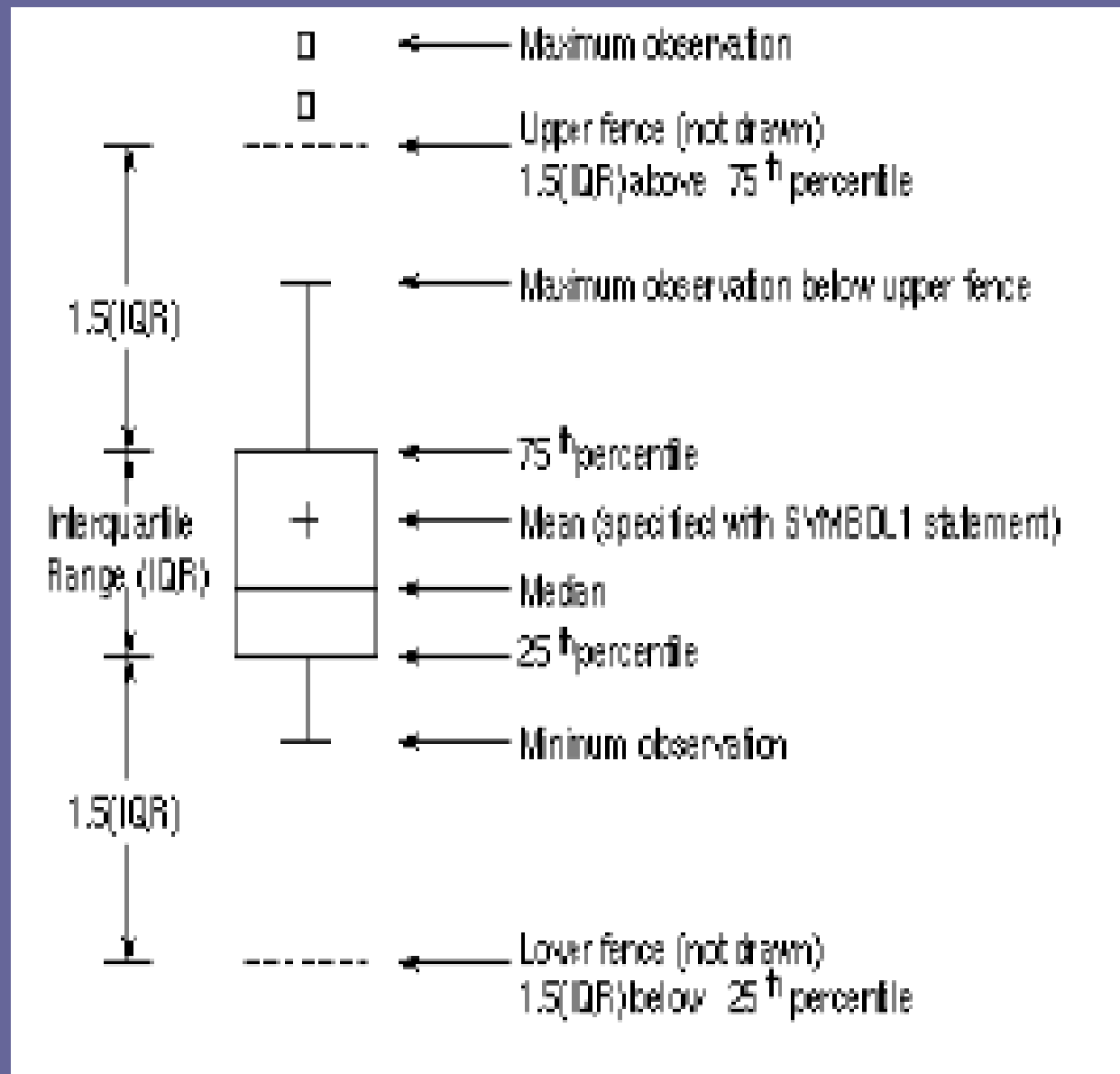
## 2. Predict

- linear regresssion can tell us
  - what level of arsenic we would expect in nails for a given level in well water.
  - how precise our estimate of arsenic is for a given level of well water

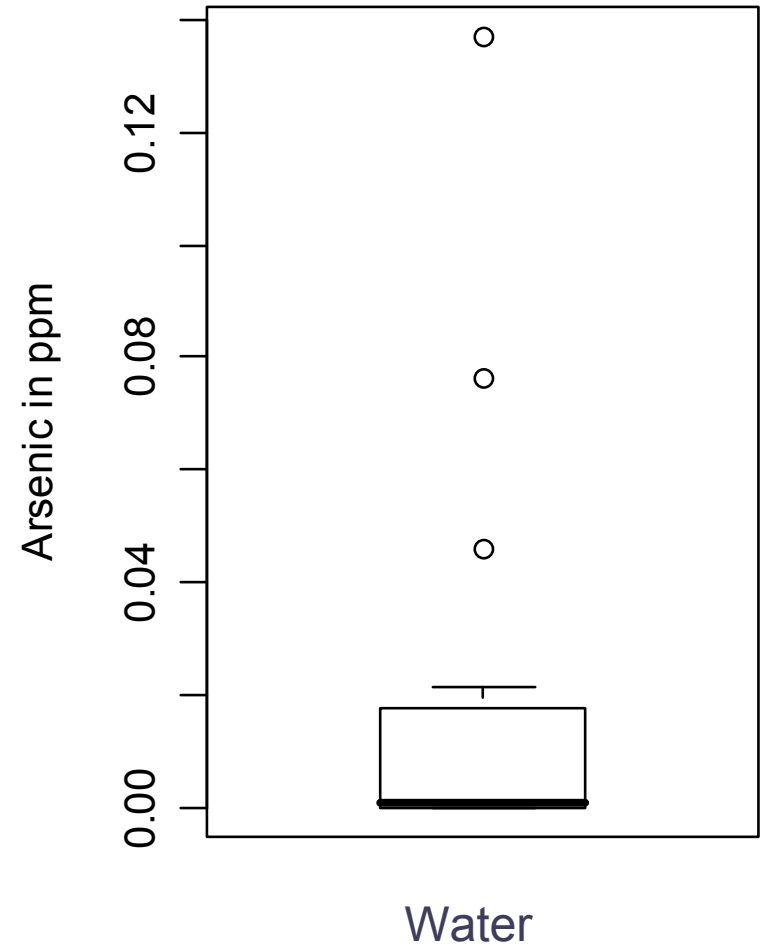
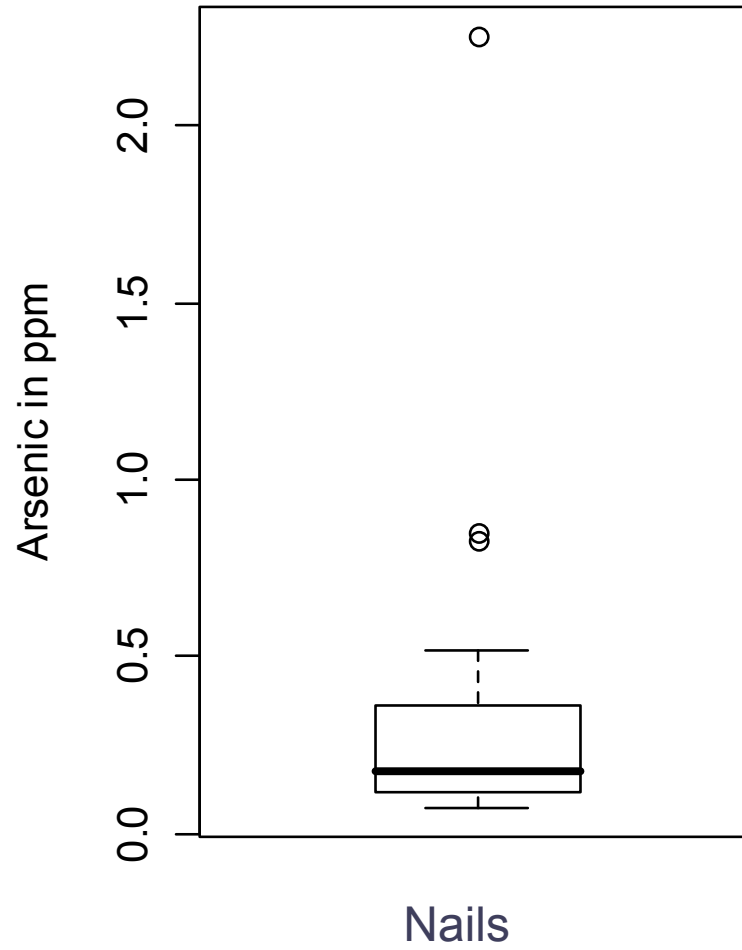
## 3. Adjust

- linear regression can tell us
  - what the association between well water arsenic and nail arsenic is adjusting for other factors such as age, gender, amount of use of water for cooking, amount of use of water for drinking.

# Boxplot



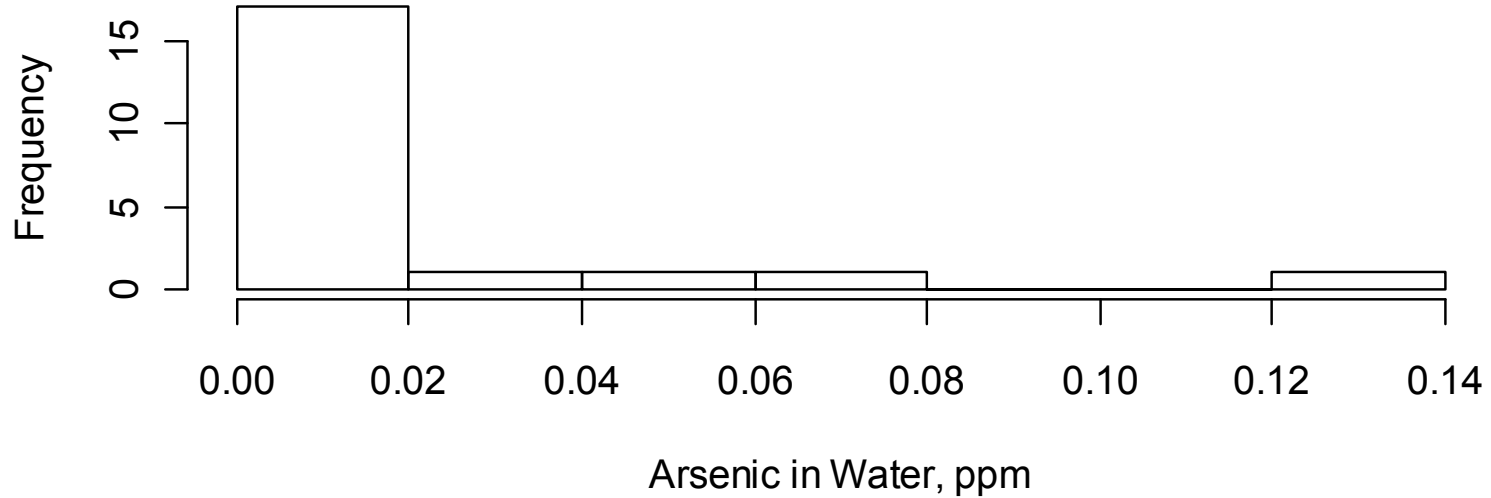
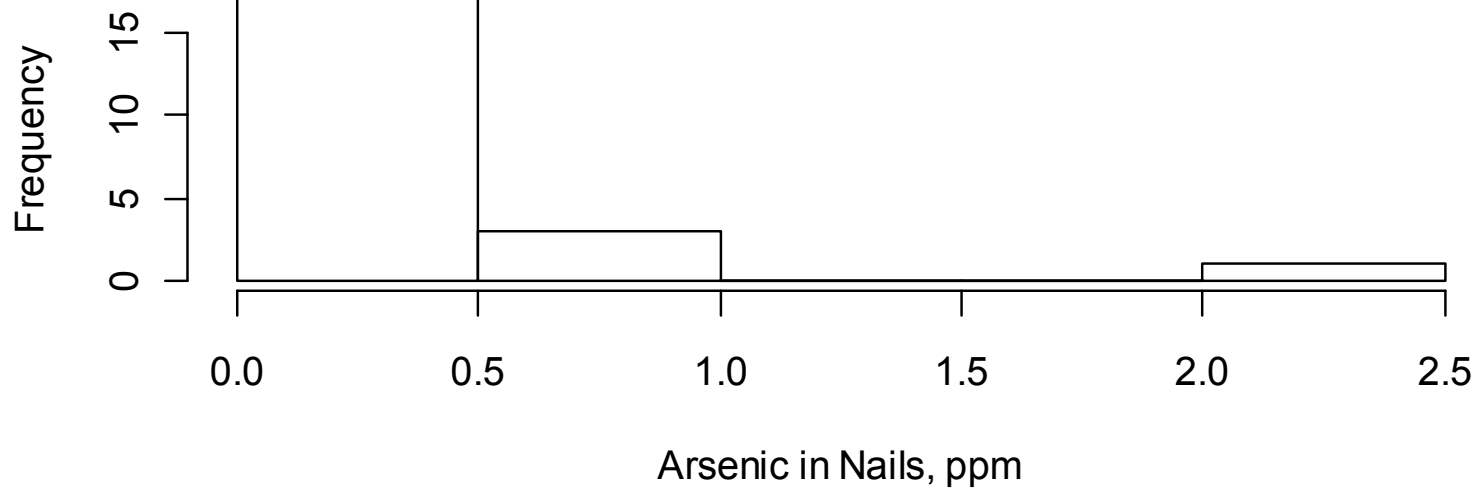
# Graphical Displays



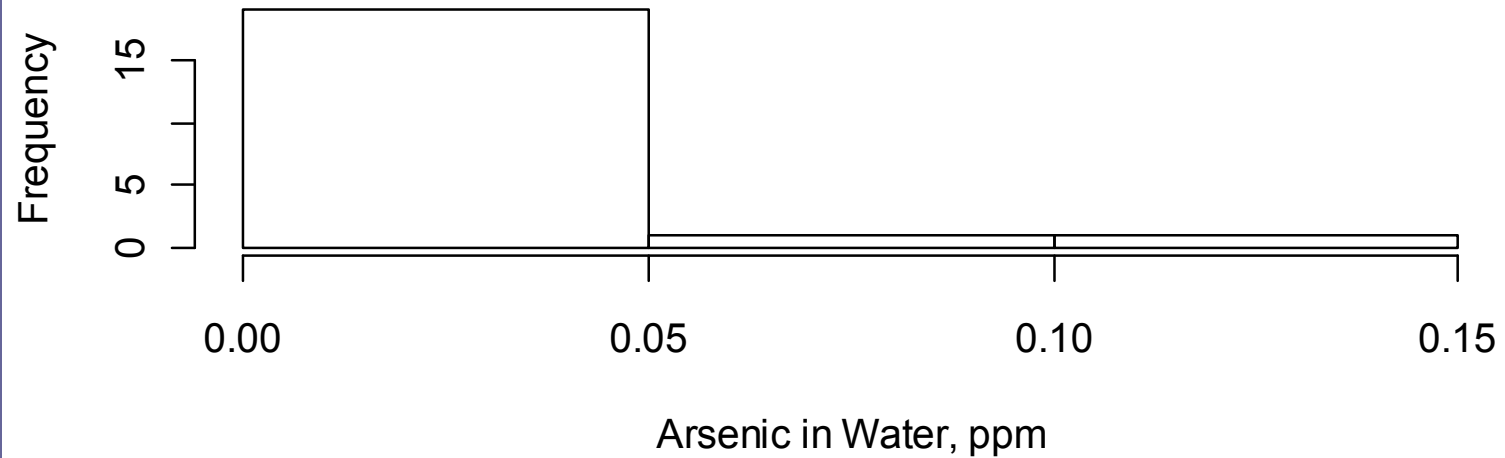
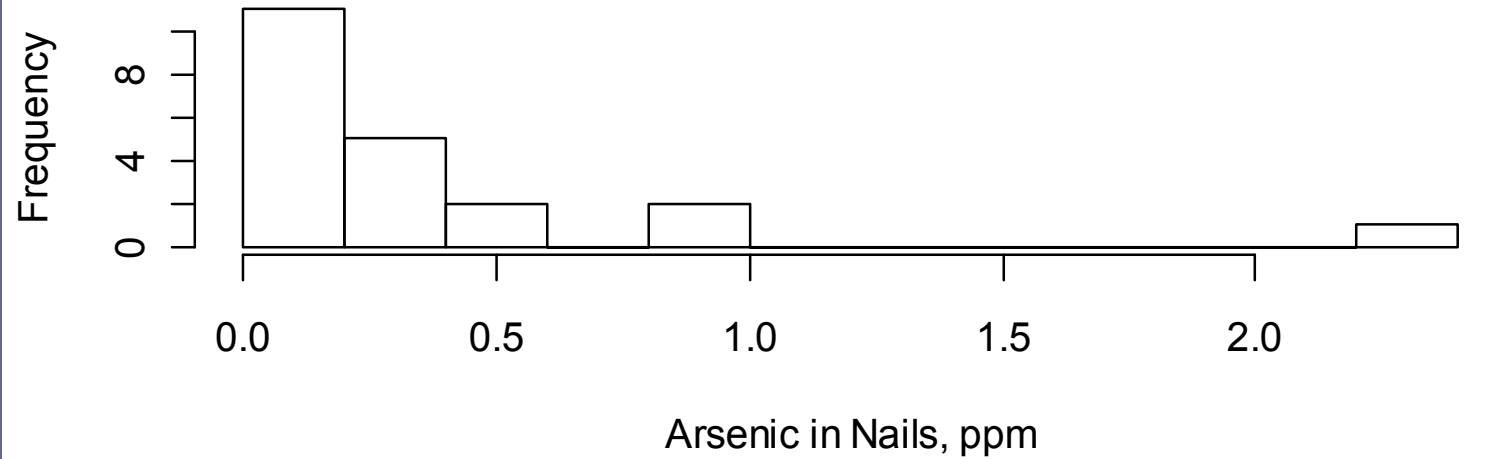
# Histogram

- Bins the data
- x-axis represents variable values
- y-axis is either
  - frequency of occurrence
  - percentage of occurrence
- Visual impression can depend on bin width
- often difficult to see details of highly skewed data

# Histogram



# Histogram

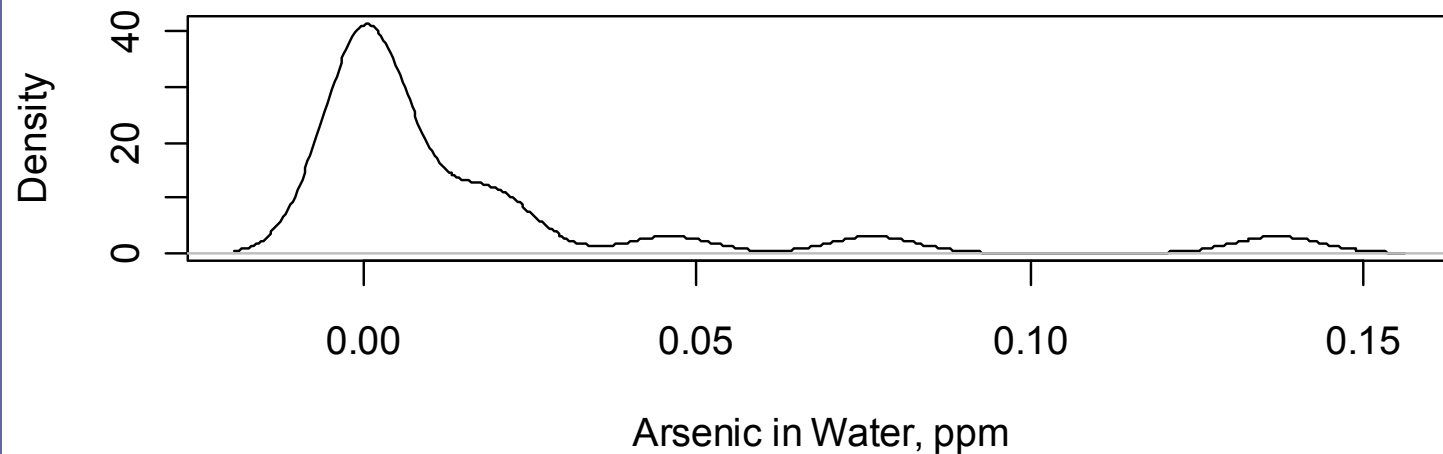
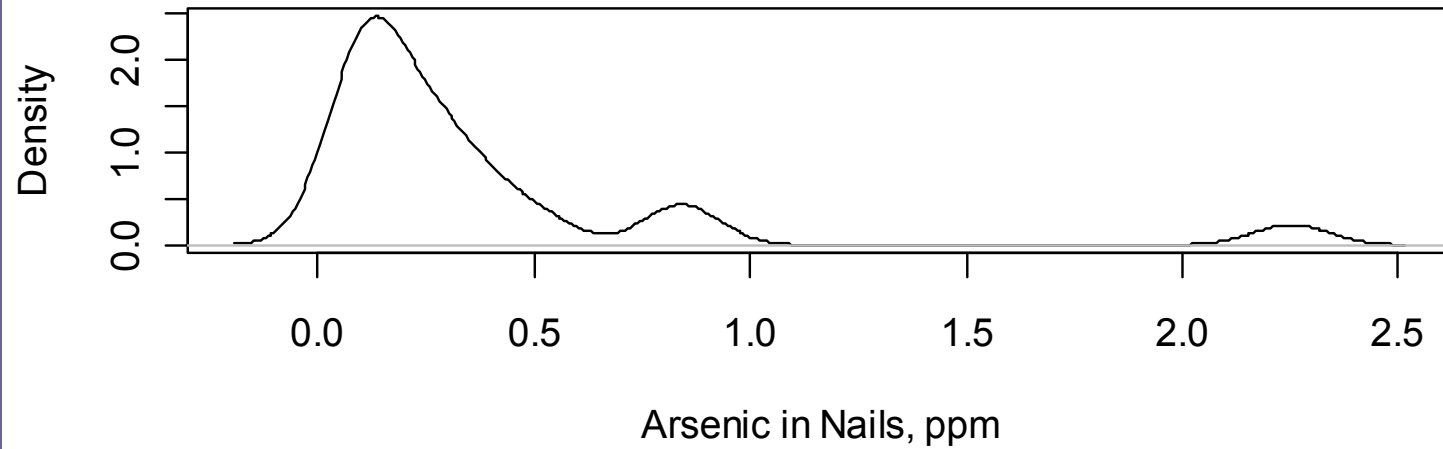




# Density Plot

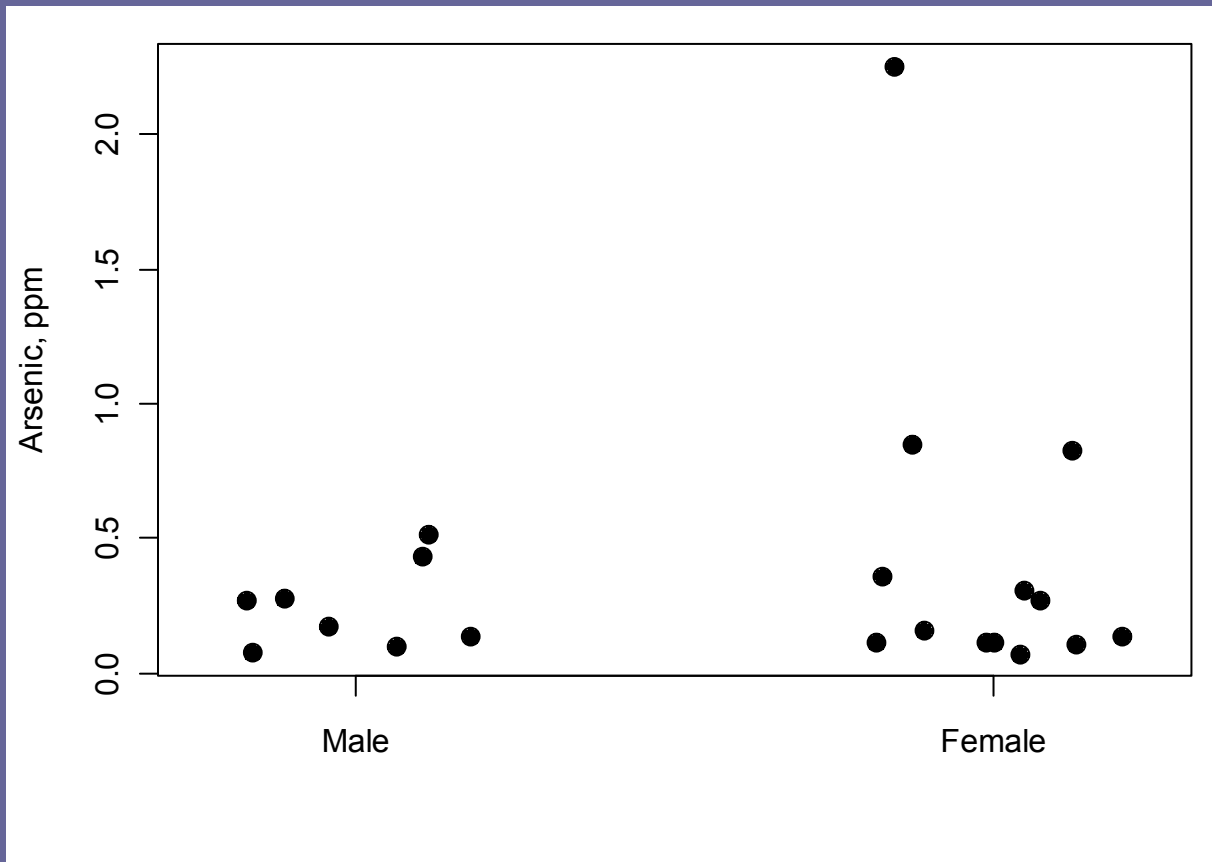
- Smoothed density based on kernel density estimates
- Can create similar issues as histogram
  - smoothing parameter selection
  - can affect inferences
- Can be problematic for 'ceiling' or 'floor' effects

# Density Plot

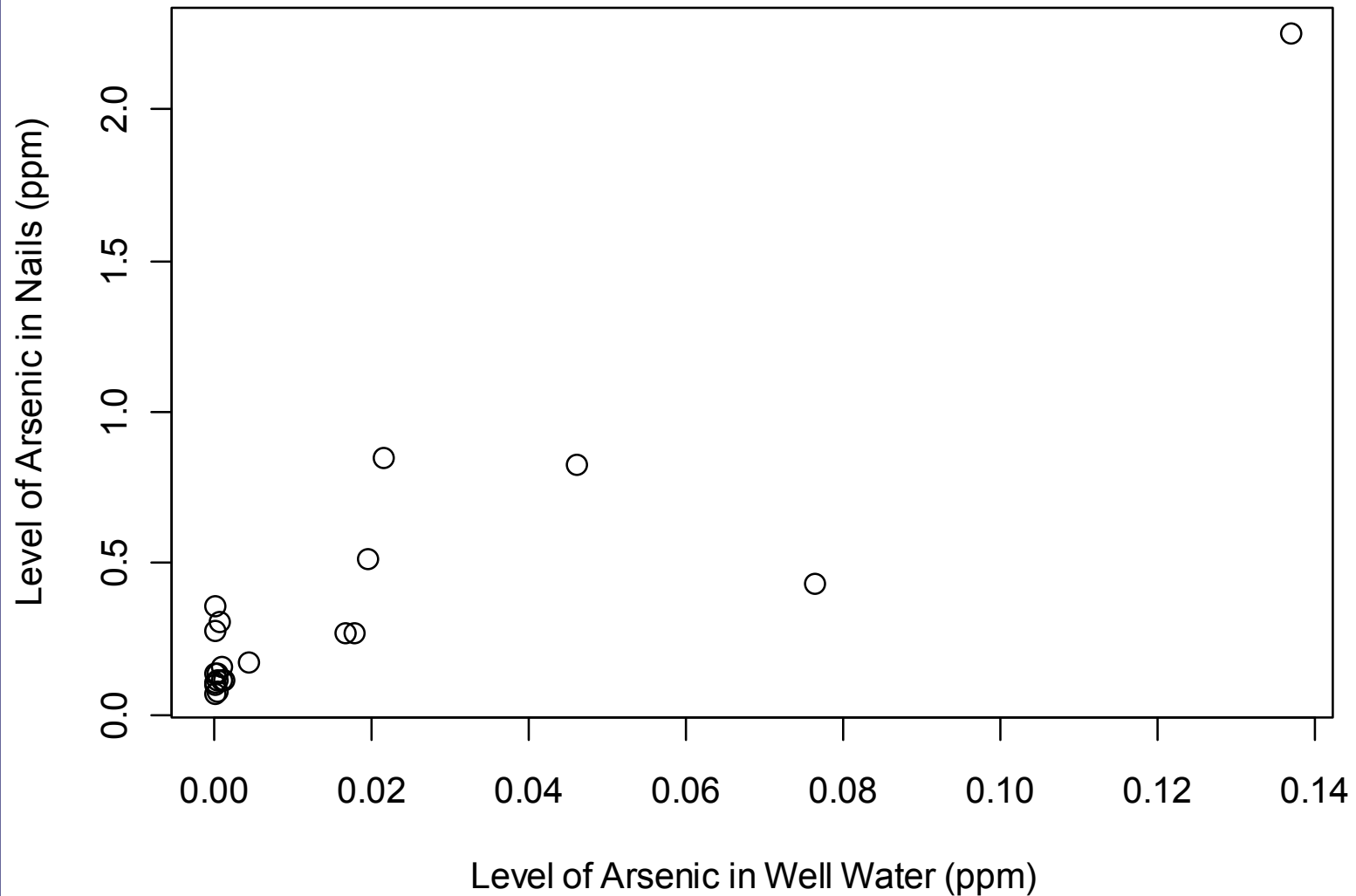


# Dot plot

- My favorite for
  - small datasets
  - when displaying data by groups



# And...the scatterplot



# Measuring the association between X and Y

- Y is on the vertical
- X predicts Y
- Terminology:
  - “Regress Y on X”
  - Y: dependent variable, response, outcome
  - X: independent variable, covariate, regressor, predictor, confounder
- Linear regression → a straight line
  - important!
  - this is key to *linear* regression

# Simple vs. Multiple linear regression

- Why 'simple'?
  - only one "x"
  - we'll talk about multiple linear regression later...
- Multiple regression
  - more than one "X"
  - more to think about: selection of covariates
- Not linear?
  - need to think about transformations
  - sometimes linear will do reasonably well

# Association versus Causation

- Be careful!
- Association  $\neq$  Causation
- Statistical relationship does not mean X causes Y
- Could be
  - X causes Y
  - Y causes X
  - something else causes both X and Y
  - X and Y are spuriously associated in your sample of data
- Example: vision and number of gray hairs

# Basic Regression Model

$$Y_i = \beta_0 + \beta_1 X_i + \varepsilon_i$$

- $Y_i$  is the value of the response variable in the  $i$ th individual
- $\beta_0$  and  $\beta_1$  are parameters
- $X_i$  is a known constant; the value of the covariate in the  $i$ th individual
- $\varepsilon_i$  is the random error term
- Linear in the parameters
- Linear in the predictor



# Basic Regression Model

- NOT linear in the parameters:

$$Y_i = \beta_0 + X_i^{\beta_1} + \varepsilon_i$$

$$Y_i = \beta_0 + \beta_1 \beta_2 X_i + \varepsilon_i$$

- NOT linear in the predictor:

$$\log(Y_i) = \beta_0 + \beta_1 X_i + \varepsilon_i$$

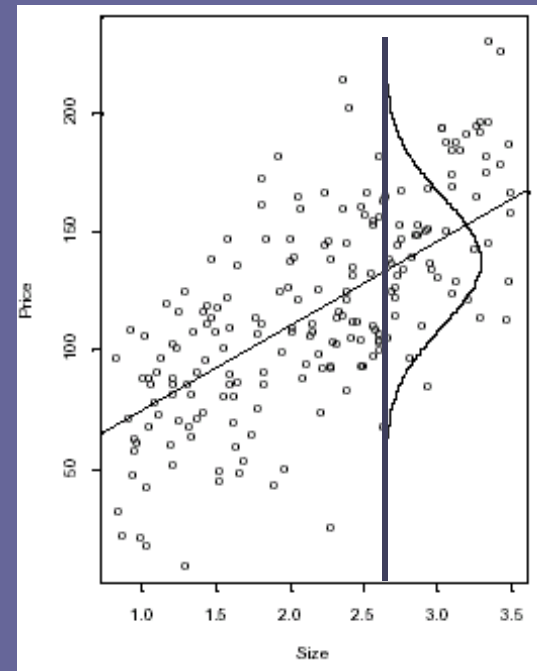
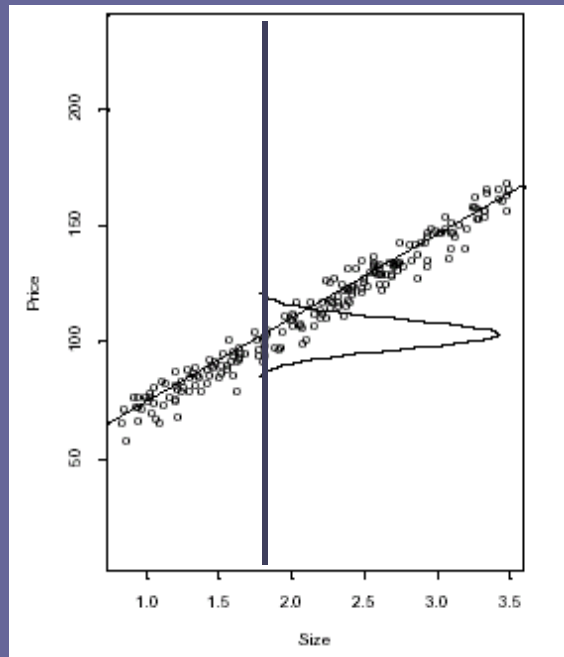
$$Y_i^2 = \beta_0 + \beta_1 X_i + \varepsilon_i$$

# Model Features

- $Y_i$  is the sum of a constant piece and a random piece:
  - $\beta_0 + \beta_1 X_i$  is constant piece (recall:  $x$  is treated as constant)
  - $\varepsilon_i$  is the random piece
- Attributes of error term
  - mean of residuals is 0:  $E(\varepsilon_i) = 0$
  - constant variance of residuals :  $\sigma^2(\varepsilon_i) = \sigma^2$  for all  $i$
  - residuals are uncorrelated:  $\text{cov}(\varepsilon_i, \varepsilon_j) = 0$  for all  $i, j; i \neq j$
- Consequences
  - Expected value of response
    - $E(Y_i) = \beta_0 + \beta_1 X_i$
    - $E(Y) = \beta_0 + \beta_1 X$
  - Variance of  $Y_i = \sigma^2$
  - $Y_i$  and  $Y_j$  are uncorrelated

# Probability Distribution of Y

- For each level of  $X$ , there is a probability distribution of  $Y$
- The means of the probability distributions vary systematically with  $X$ .



# Parameters

- $\beta_0$  and  $\beta_1$  are referred to as “regression coefficients”
- Remember  $y = mx+b$ ?
- $\beta_1$  is the **slope** of the regression line
  - the expected increase in Y for a 1 unit increase in X
  - the expected difference in Y comparing two individuals with X's that differ by 1 unit
  - Expected? Why?

# Parameters

- $\beta_0$  is the **intercept** of the regression line
  - The expected value of Y when  $X = 0$
  - Meaningful?
    - when the range of X includes 0, yes
    - when the range of X excluded 0, no
  - Example:
    - Y = baby's weight in kg
    - X = baby's height in cm
    - $\beta_0$  is the expected weight of a baby whose height is 0 cm.

# SENIC Data

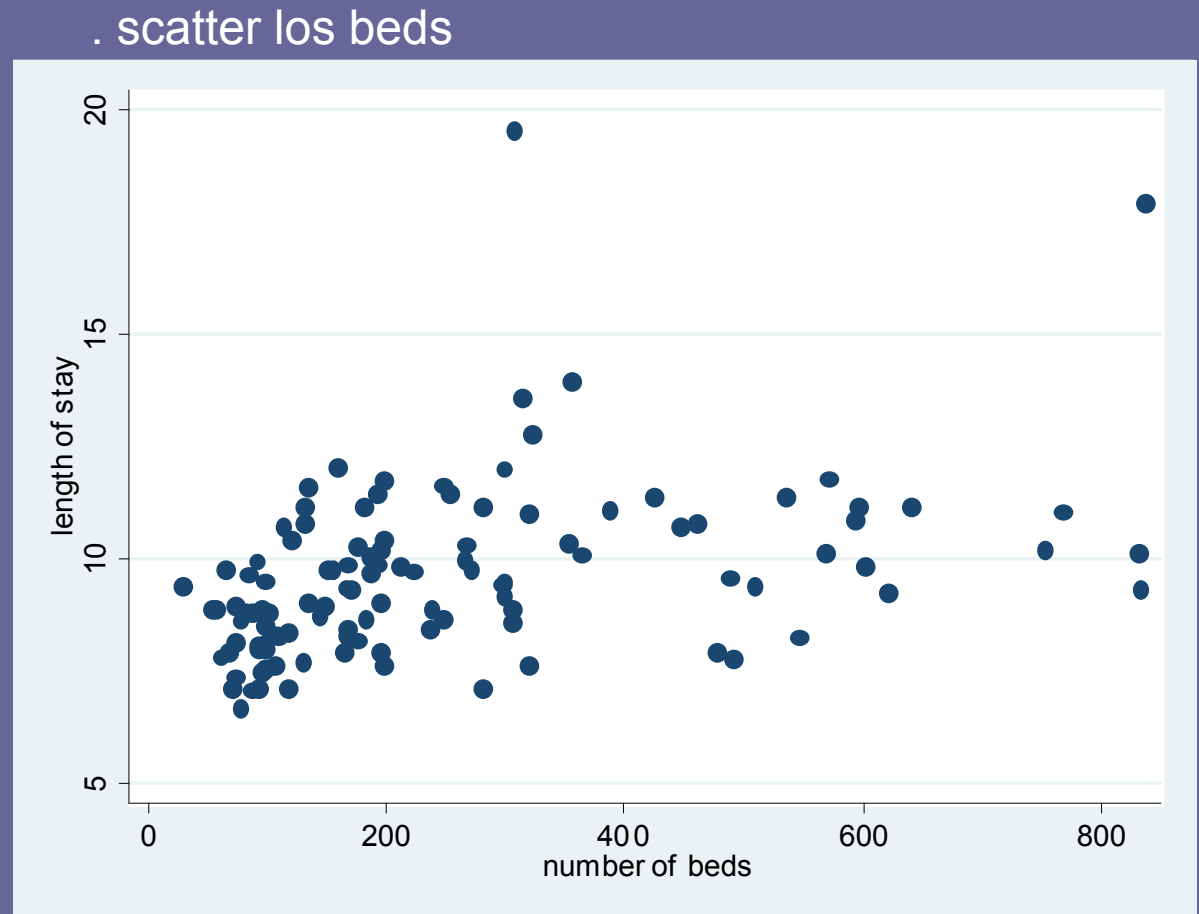
- Will be used as a recurring example
- SENIC = Study on the Efficacy of Nosocomial Infection Control
- The primary objective of the SENIC Project was to determine whether infection surveillance and control programs have reduced the rates of nosocomial (hospital-acquired) infection in the United States hospitals.
- This data set consists of a random sample of 113 hospitals selected from the original 338 hospitals surveyed.
- Each line of the data set has an ID number and provides information on 11 other variables for a single hospital.
- The data used here are for the 1975-76 study period.

# SENIC Data

ID	ID Number	1-113
LOS	Length of stay	Average length of stay of all Patients in hospital (in days)
AGE	Age	Average age of patients (in years)
INFRISK	Risk of infection	Average estimated probability of Acquiring infection in hospital (in percent)
CULT	Routine culturing ratio	Ratio of number of cultures performed to number of patients without signs or symptoms of hospital-acquired infection, times 100
XRAY	Routine chest X-ray ratio	Ratio of number of X-rays performed to number of patients without signs or symptoms of pneumonia, times 100
BEDS	Number of beds	Average number of beds in hospital in study period
MEDSCHL	Medical school affiliation	1 = Yes, 2 = No
REGION	Region	Geographic region, where: 1 = NE, 2 = NC, 3 = S, 4 = W
CENSUS	Average daily census	Average number of patients in hospital per day during study period
NURSE	Number of nurses	Average number of full-time equivalent registered and licensed practical nurses during study period (number full-time plus one half the number part-time)
FACS	Available facilities and services	Percent of 35 potential facilities and services that are provided by the hospital

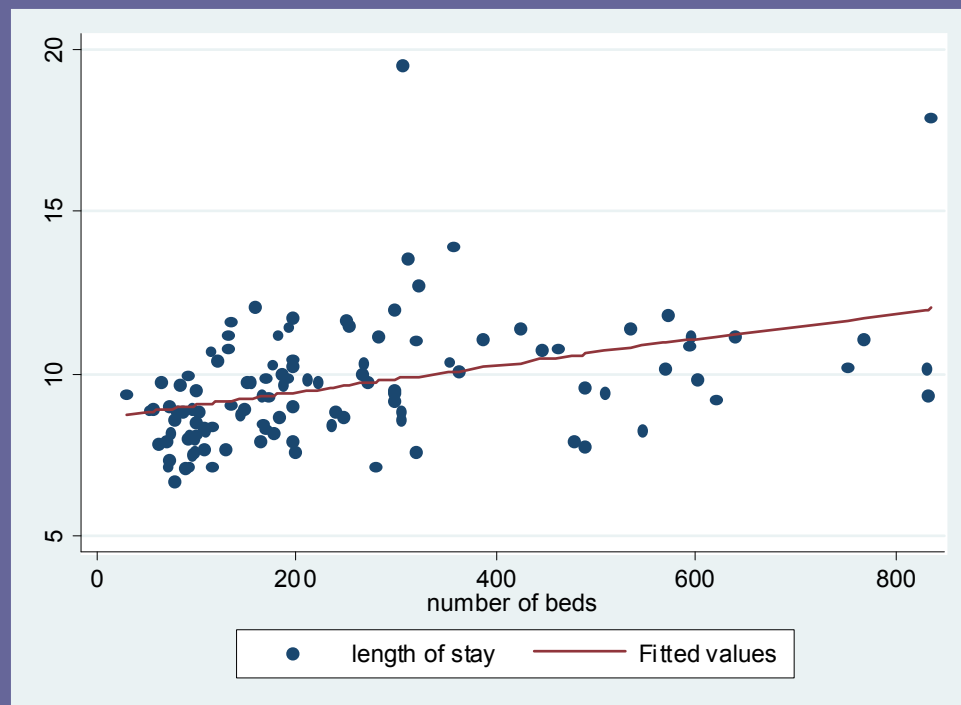
# SENIC Simple Linear Regression Example

- Hypothesis: The number of beds in a given hospital is associated with the average length of stay.
- $Y = ?$
- $X = ?$
- Scatterplot





# Stata Regression Results



```
. regress los beds
```

Source	SS	df	MS
Model	68.5419355	1	68.5419355
Residual	340.668443	111	3.06908417
Total	409.210379	112	3.6536641

Number of obs = 113  
 F( 1, 111) = 22.33  
 Prob > F = 0.0000  
 R-squared = 0.1675  
 Adj R-squared = 0.1600  
 Root MSE = 1.7519

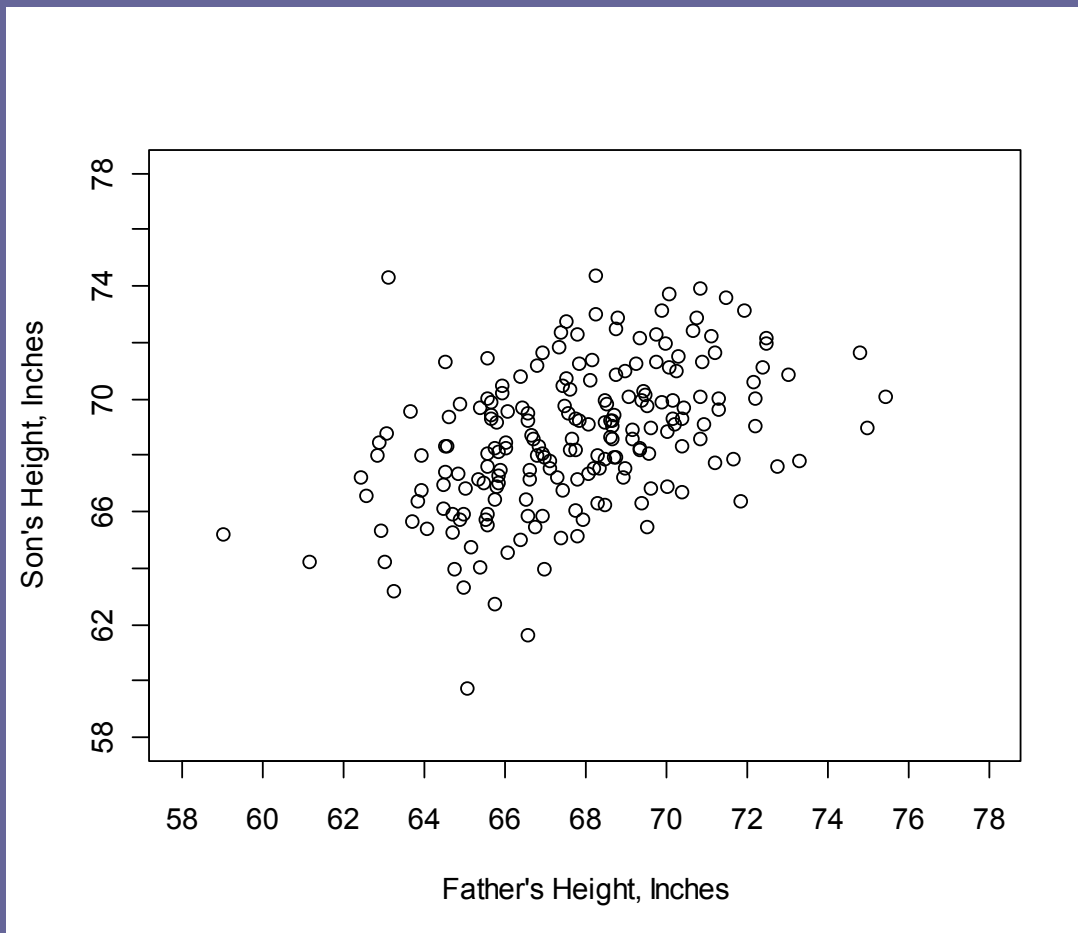
los	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
beds	.0040566	.0008584	4.73	0.000	.0023556	.0057576
_cons	8.625364	.2720589	31.70	0.000	8.086262	9.164467

# Another Example: Famous data

- Father and sons heights data from Karl Pearson (over 100 years ago in England)
- 1078 pairs of fathers and sons
- Excerpted 200 pairs for demonstration
- Hypotheses:
  - there will be a positive association between heights of fathers and their sons
  - very tall fathers will tend to have sons that are shorter than they are
  - very short fathers will tend to have sons that are taller than they are

# Scatterplot of 200 records of father son data

```
plot(father, son, xlab="Father's Height, Inches", ylab="Son's Height, Inches",  
      xaxt="n", yaxt="n", ylim=c(58,78), xlim=c(58,78))  
axis(1, at=seq(58,78,2))  
axis(2, at=seq(58,78,2))
```



# Regression Results

```
> reg <- lm(son~father)
> summary(reg)
```

Call:  
lm(formula = son ~ father)

Residuals:

Min	1Q	Med	3Q	Max
-7.72874	-1.39750	-0.04029	1.51871	7.66058

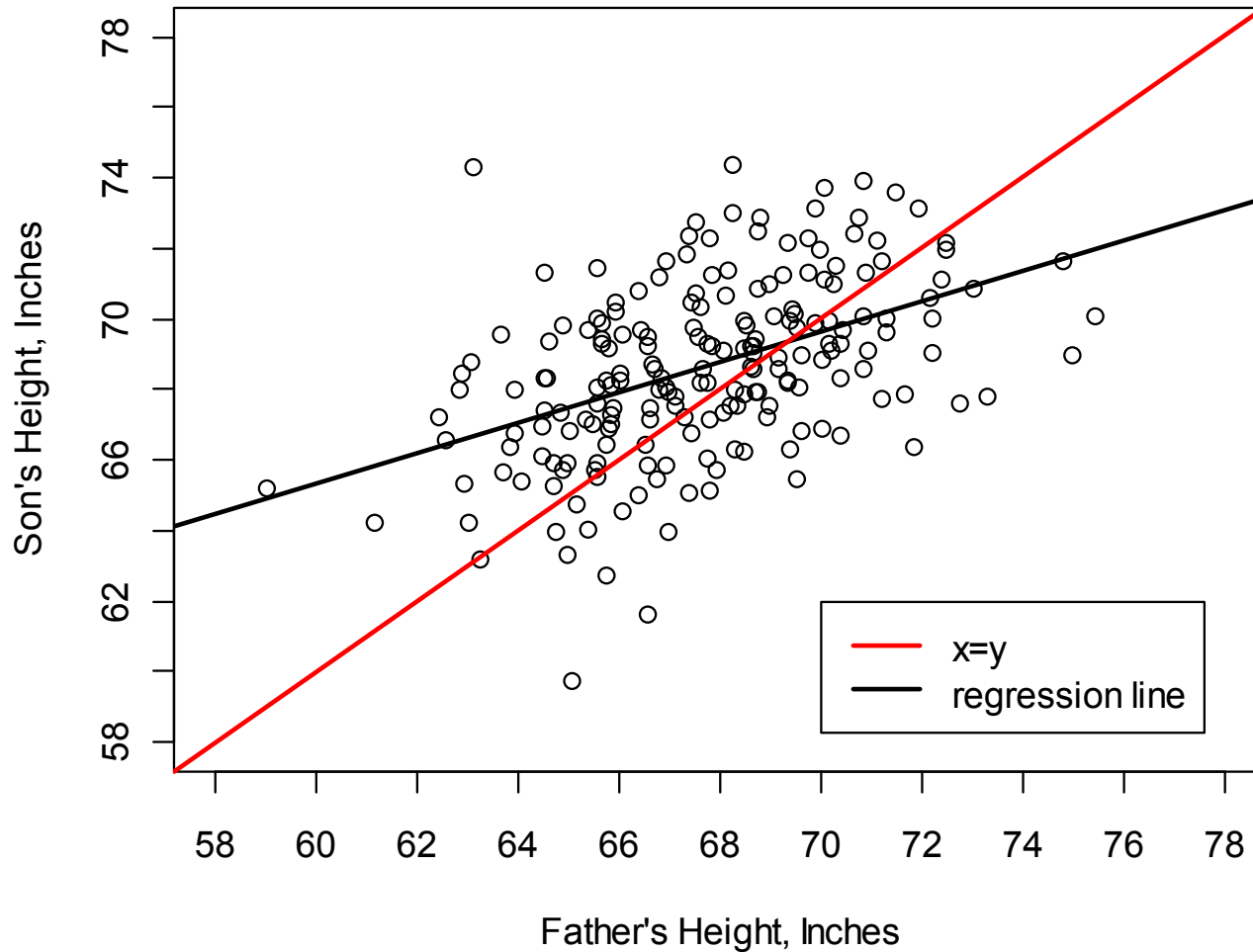
**Coefficients:**

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	39.47177	3.96188	9.963	< 2e-16 ***
father	0.43099	0.05848	7.369	4.55e-12 ***

---  
Significance codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 2.233 on 198 degrees of freedom  
Multiple R-squared: 0.2152, Adjusted R-squared: 0.2113  
F-statistic: 54.31 on 1 and 198 DF, p-value: 4.549e-12

This is where the term “regression” came from



$$\bar{x} = 67.7$$
$$\bar{y} = 68.6$$

# Aside: Design of Studies

- Does it matter if the study is randomized?  
observational?
- Yes and no
- Regression modeling can be used regardless
- The model building will often depend on the nature of the study
- Observational studies:
  - adjustments for confounding
  - often have many covariates as a result
- Randomized studies:
  - adjustments may not be needed due to randomization
  - subgroup analyses are popular and can be done via regression

# Estimation of the Model

- The Method of Least Squares
- Intuition: we would like to minimize the residuals:

$$\varepsilon_i = Y_i - \beta_0 - \beta_1 X_i$$

- Minimize/maximize: how to do that?
- Can we minimize the sum of the residuals?

# Least Squares

- Minimize the distance between the fitted line and the observed data
- Take absolute values?
- Simpler? Square the errors.
- LS estimation:
  - Minimize Q:

$$Q = \sum_{i=1}^N (Y_i - \beta_0 - \beta_1 X_i)^2$$



# Least Squares

- Derivation
- Two initial steps: reduce the following

$$\sum_{i=1}^N (X_i - \bar{X})^2$$

$$\sum_{i=1}^N (X_i - \bar{X})(Y_i - \bar{Y})$$

# Least Squares

$$Q = \sum_{i=1}^N (Y_i - \beta_0 - \beta_1 X_i)^2$$

# Least Squares